



PERTH ENRICHMENT PROGRAM

Learning Series

FOR CLIENTS, FAMILIES AND FRIENDS



A Four-Week Learning Series:

**COGNITIVE CARE , HEALTHY LIVING AND
SUPPORTIVE SERVICES**

Tuesday Evenings

March 7, 14, 21, 28

6:30 pm – 8:00 pm

Perth Enrichment Program (PEP) is a therapeutic day program for older adults. Our mandate is to keep seniors at home longer and provide respite for their caregivers.

Everyone welcome, however those not associated as a PEP client, a \$50.00 payment is required for the series. (Donation receipt provided)
PEP Clients and Family: No cost to attend but donations are appreciated.

Register early as space is limited.
RSVP by February 28, 2017

Speakers and Topics Include:

March 7

Diagnosis and What To Expect:

Dr. Anil Kuchinad, MD CCFP, Cognitive Care Clinic

March 14

Lifestyle and Retirement Living:

Suzanne Rintoul, RPN and Paul Morris, Advisor, A Place For Mom

March 21

Treatment Recommendations and Supportive Care:

Becky Bellamy, Pharmacist, Perth Downtown Pharmasave and

Robin Hull, Ed. Coordinator, Alzheimer Society Lanark, Leeds and Grenville

March 28

Caregiver Support and Advanced Care Planning:

Mike McCleery, Counsellor, Kanata Psychology and Counselling Ctr.

and Julia Miller, Research Coordinator with Geriatric Medicine Queen's University

For more information on the Learning Series and PEP programs visit: www.morepep.ca or call 613-201-7172