

“Empowering Older Adults: Opportunities & Possibilities”

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Speaker

Dr Parminder Raina

**Key Note:
HEALTHY AGING AND
SOCIAL CONNECTIONS:
WHY SHOULD WE CARE?**

Biography

Dr. Parminder Raina is a Professor in the Department of Health Research Methods, Evidence, and Impact at McMaster University. He specializes in the epidemiology of aging with emphasis on developing the interdisciplinary field of geroscience to understand the processes of aging from cell to society. He has expertise in epidemiologic modeling, systematic review methodology, injury, and knowledge transfer. Dr. Raina holds a Canada Research Chair in Geroscience, and the Raymond and Margaret Labarge Chair in Research and Knowledge Application for Optimal Aging. He is the inaugural Scientific Director of the McMaster Research Institute for Research on Aging, and The Labarge Centre for Mobility in Aging, and is the lead principal investigator of the Canadian Longitudinal Study on Aging. Dr. Raina has served on several national and international advisory committees, such as the National Panel for Transportation Needs of Aging Population, Big Data Initiative in Ontario, Ontario Minister's Advisory Group on Alzheimer Disease and Related Dementia Research, Surveillance Committee of Public Health Agency of Canada, Panel for the Public Dialogue on Privacy and Health Research in Canada and the Ontario Personalized Medicine Network (OPMN).

Dr. Melissa Andrew

**Geriatric Psychiatry
Approach to Memory Loss**

Dr. Melissa Andrew completed Psychiatry training, a 2-year fellowship in Geriatric Psychiatry at the University of Toronto, and a Master's degree in Health Professional Education at OISE-UT and is currently an Associate Professor in the Department of Psychiatry at Queen's University, working with the Seniors Mental Health Outreach Program, based at Providence Care Hospital. Dr. Andrew has served as Education Chair (2007-2012) and Vice President (2008-2012) of the Canadian Academy of Geriatric Psychiatry (CAGP). In 2010, she and a colleague led the application process that resulted in the establishment of Geriatric Psychiatry as an official subspecialty of the Royal College of Physicians and Surgeons of Canada. She is actively engaged in providing leadership in the development and implementation of a competency-based model for Geriatric Psychiatry subspecialty training at Queen's.

Stephanie Cadieux

'The abuse of older LGBTQ adults: Barriers and opportunities for support'

Stéphanie Cadieux is Elder Abuse Ontario's newest Regional Consultant for the Eastern region of the province. Most recently, she was in the position of Outreach Worker for the Elder Abuse Response and Referral Service (EARRS) in Ottawa at the Nepean, Rideau & Osgoode Community Resource Centre where she has been responsible for working with local service providers and seniors groups, to coordinate and facilitate education seminars to raise awareness about elder abuse, intervention and response strategies. Stephanie is the Chair of the Ottawa Elder Abuse Response Committee's Education and Awareness Sub-committee, which is responsible for overseeing the development of the education and training strategy for elder abuse awareness and has a successful background in community outreach, marketing and promotion

Esther Ernst

Treating Poverty: Clinical Tools

Esther Ernst is a family physician at St. Michael's Hospital. She has been working with the Ontario College of Family Physicians Poverty and Health Committee since 2013 to develop and deliver content addressing poverty as a risk to health. She has volunteered in drop-in centres and homeless shelters for the past ten years and this largely fuels her interest in discussing social determinants of health and making it relevant to clinical practice.

Kelly Kay

So what do I do with this? Applying a competency framework to practice – the possibilities and the pitfalls

Kelly Kay is an experienced health care professional who brings a broad range of clinical and managerial expertise to her role as Executive Director of Seniors Care Network of the Central east LHIN, including a proven track record in leading regional collaborative initiatives. Kelly holds a Masters of Arts in Leadership (Health Specialization) and has many years of previous health administration, policy and education experience. She also brings a background in teaching and primary care.

This session provides a review of the Competency Framework for Interprofessional Comprehensive Geriatric Assessment and examines its possible applications for interprofessional practice. An update on current knowledge to action activities arising from this Framework will also be provided. The potential pitfalls of competency frameworks will be discussed as a cautionary tale about oversimplifying the field of geriatrics.

Jason Kervin

Community Paramedicine Seniors Care

Jason is the Community Paramedicine / Education Coordinator for Frontenac Paramedic Services. He has been a paramedic since 1999, beginning his career in his native New Brunswick where he spent 2 years working for Moncton Ambulance service. After graduating from Holland College as an Advance Care Paramedic in 2003, he relocated with his family to Kingston. Jason worked out of the Palace road base for 13yrs. Prior to beginning his current role, he was seconded as an Operations Superintendent for a year.

Dr. Leah Nemiroff

"Deprescribing in Geriatrics and at End-of-Life"

Dr Leah Nemiroff is an Internal Medicine specialist, currently completing her Geriatric Medicine subspecialty training at Dalhousie University in Nova Scotia. She will be joining the Division of Geriatric Medicine at Queen's University as a staff Geriatrician and Assistant Professor in the fall! Her research interests include deprescribing, advance care planning, and medical education.

Judith Mackenzie

Oasis Kingston Experience

Judith is currently an Oasis Senior Supportive Living Inc. Board of Directors and sits on the Advisory Council, Centre for Studies in Primary Care, Queen's University. Judith has a long history of community service that ranges from City Council (Kingston), a Member & Chair; Kingston Police Commission, a Member: Consent and Capacity Review Board and a Member & President: Community Foundation for Kingston & Area. Her work life is varied and ranges from teacher, Special Ed,; psychometrist, Researcher and Strategic Planner prior to retiring in 2003.

Taralyn Prindiville

Lessons Learned in Collaborating to Reduce Isolation Among Seniors in Hamilton

Taralyn Prindiville is a Project Manager at the Hamilton Council on Aging. She serves as the Backbone to the Hamilton Seniors Isolation Impact Plan, a collective impact initiative to reduce isolation among seniors in Hamilton. In 2016, Taralyn graduated with honors from University of Toronto, earning a Master's of Science degree in Urban Planning with a specialization in Social Planning. Taralyn combines skills in research, evaluation and community development to pursue her passion of making cities more inclusive for Seniors and other groups.

Jeanette Prorok

Development of a measure of the healthcare experiences of persons with dementia and their caregivers

Jeanette Prorok completed her Master of Science degree in Health Studies and Gerontology at the University of Waterloo in 2010. Currently, Jeanette is completing her doctoral studies at the University of Waterloo in the School of Public Health and Health Systems. Her doctoral work and research interests focus on the experiences of persons with dementia and their caregivers as well as on health program evaluation.

Dr. J. Puxty

Medical Geriatrics Approach to Memory Loss

Dr. John Puxty is a Geriatrician, an Associate Professor and Chair of the Division of Geriatric Medicine at Queen's University, the Chair of the Southeastern Ontario Regional Geriatric Program, Director of the Centre for Studies in Aging and Health and Chair of the Seniors Health Knowledge Network. John has a primary interest in promoting healthy aging and effective care for seniors with a research interest in aging, chronic disease, knowledge mobilization and information technology.

Jen Recknagel

Aging Well: Exploring grassroots models of senior social living

Jen Recknagel is a design researcher and strategist working at the intersection of storytelling, human centred design, and healthcare. She is part of a transdisciplinary team at UHN OpenLab, a health innovation lab based out of Toronto General Hospital. Her work is focused on finding creative solutions to transform the way health care is delivered and experienced, and uses storytelling as mechanism to build empathy, humanize data and bring policymakers closer to the frontlines of care. Projects of note include: The Local, a ethnography meets storytelling project looking at the health of Toronto's neighbourhoods; and Stuff Patients Want, a participatory design initiative where patients co-create solutions to problems they commonly encounter in the health system.

Roop Sandhu

Driving and Older People S.A.L.T. Program

Constable Roop Sandhu – Community Safety Officer Frontenac Ontario Provincial Police (OPP) from the Frontenac OPP Detachment. as a Constable with the OPP for 9 years and the Community officer for the past 4 years. As the community officer in the area, responsibilities include doing safety presentations for community groups and schools. Constable Sandhu is a member of several committees in the community that include Youth Justice, Domestic Violence, Road Safety and Victim Assistance as well as acts as the Media Relations Officers for the detachment.

Dr. Amanjot Sidhu

Marijuana and Older Individuals

Dr. Mona Sidhu currently practices Geriatric Medicine in Hamilton, through Hamilton Health Sciences and McMaster University. She is currently pursuing her Master's degree at McMaster University in Healthcare Administration. She completed her Internal Medicine training in North Carolina, a division of UNC Chapel Hill and later completed her Geriatric Medicine fellowship here at McMaster University. She then went on to pursue another fellowship in Geriatric Nephrology here at University of Toronto. Her research interests include pain management and she has been working with seniors to safely use cannabis to help their pain as well as improve their quality of life.

Debora Steele

The Last Taboo: Intimacy, Sexuality and Dementia

Deb is a former Psychogeriatric Resource Consultant in Lanark Leeds & Grenville (2002-2016). Deb has a longstanding interest in aging and sexuality, and was the lead with the Lanark Leeds and Grenville Working Group in the development of a drafted resource tool. In July 2017 Deb co-facilitated with Australian and American colleagues at the 21st IAGG World Conference of Geriatrics and Gerontology in San Francisco with a focus on sexuality and policy development in the context of Dementia.