

Monday, Oct. 1 to Sunday, Oct. 28, 2018

HOARDING IN LATER LIFE

Dr. Peggy Richter, MD, FRCP(C)

Director, Clinic for OCD and Related Disorders
Head, Frederick W. Thompson Anxiety Disorders
Centre, Dept. of Psychiatry, Sunnybrook Health
Sciences Centre & Associate Professor of
Psychiatry, University of Toronto

Eliza Burroughs, MC., RP

Registered Psychotherapist
Peterborough Regional Health Centre and F.W.
Thompson Anxiety Disorders Centre

Sufficient enrolment deadline Mon Sept 24/18

Monday, Oct. 15 to Sunday, Nov. 11, 2018

INTRODUCTION TO GRIEF INTERVENTIONS OVER THE LIFE COURSE

Eleanor Silverberg, BA Psych, MSW, RSW

Director, Jade Self Development Coaching
Social Worker, Grief Specialist

Sufficient enrolment deadline Mon Oct 9/18

Monday, Oct. 29 to Sunday, Nov. 25, 2018

SOLUTION FOCUSED THERAPY WITH OLDER ADULTS: A COMPETENCY BASED AND RELATIONAL APPROACH

Renee Climans, MSW, RSW

Social Worker, Baycrest, Toronto
Therapist/Counsellor, Creative Solutions, Toronto

Sufficient enrolment deadline Mon Oct 22/18

Monday, Nov. 12 to Sunday, Dec. 9, 2018

BRIDGING AGING AND DISABILITY

XXX, PhD

Professor and Associate Dean for Research,
Simmons College of Social Work, Boston, MA
Chair, BADIN

Sufficient enrolment deadline Mon Nov 5/18

Monday, Jan. 21 to Sunday, Feb. 17, 2019

END-OF-LIFE INTERVENTIONS FOR PALLIATIVE INDIVIDUALS AND THEIR FAMILIES

Corinne Smirle, MSW, RSW

Therapist, Hard Feelings, Toronto

Amanda Clark, MSW, RSW

Hospice Counsellor, Heart House Hospice,
Mississauga

Sufficient enrolment deadline Mon Jan 14/19

Monday, Feb. 4 to Sunday, Mar. 3, 2019

GRIEF INTERVENTIONS FOR ALL TYPES OF SITUATIONAL LOSS OVER THE LIFE COURSE

Eleanor Silverberg, BA Psych, MSW, RSW

Director, Jade Self Development Coaching
Social Worker, Grief Specialist for NonDeath
Losses

Sufficient enrolment deadline Mon Jan 28/19

Monday, Mar 4 to Sunday, Mar 31, 2019

HOW TO RUN A CAREGIVER SUPPORT GROUP USING DIFFERENT MODALITIES TO BUILD CONNECTIONS AND RESILIENCE

Renee Climans, MSW, RSW

Social Worker, Baycrest, Toronto
Therapist/Counsellor, Creative Solutions, Toronto

Sufficient enrolment deadline Mon Feb 25/19

Monday, Mar 18 to Sunday, Apr 14, 2019

SUBSTANCE MISUSE AMONG OLDER ADULTS: AN OVERVIEW OF PSYCHOSOCIAL INTERVENTIONS TO HELP YOUR CLIENTS

Marilyn White-Campbell

Geriatric Addiction Specialist
CMHA Waterloo Wellington Dufferin

Sufficient enrolment deadline Mon Mar 11/19

Under Development for Spring:

INTERGENERATIONAL ACTIVITIES WITH OLDER ADULTS IN COMMUNITY AND RESIDENTIAL CARE

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Sufficient enrolment deadline TBA

Monday, Apr 1 to Sunday, Apr 28, 2019

INNOVATIVE EVIDENCE-BASED STRATEGIES FOR SUPPORTING FAMILY CAREGIVERS

Adriana Shnall, PhD, MSW, RSW

Manager & Professional Practice Chief for Social Work

Manager - The Koschitzky Centre for Innovations in Family Caregiving

Sufficient enrolment deadline Mon Mar 25/19

Monday, Apr 29 to Sunday, May 26, 2019

POWER OF ATTORNEY AND CAPACITY AND CONSENT: WHAT EVERY PRACTITIONER NEEDS TO KNOW

Laura Watts, LLB, SJD (in progress)

Director, Cancer Services Planning and Performance, St. Michael's Hospital
Lecturer, Division of Palliative Care and Faculty of Social Work, University of Toronto

Sufficient enrolment deadline Mon Apr 22/19

Monday, May 27 to Sunday, June 23, 2019

INTIMACY AND SEXUAL BEHAVIOUR AMONG OLDER ADULTS IN LONG TERM CARE

Sylvia Davidson

Manager, Occupational Therapy & Therapeutic Recreation, Interprofessional Practice
Baycrest Health Sciences, Toronto

Sufficient enrolment deadline Mon May 20/19

The Institute for Life Course and Aging has developed Workshops to meet the demand for ongoing professional development among healthcare workers and other professionals working with the aging population.

Workshops are held online and are 4 weeks in length. They offer participants the opportunity to work at their own pace, interact with instructors and with other participants from a variety of perspectives and backgrounds.

Workshops are only offered if there is sufficient enrolment by the deadline.

Information and Registration are online at:
www.aging.utoronto.ca

**Cost: \$240 each 4 week workshop
(\$120 for students & seniors)**

Your Time is Your Own: We suggest people spend 2 to 3 hours a week and login at least 2 to 3 times a week to better engage in the ongoing discussion board.

No Grades or Homework: There are no tests, or graded assignments, or homework per se, though the instructor may ask you to reflect on specific questions in order to better engage you in the materials.

Letter of Completion: The workshops are informal. Instead of certificates, we send a letter of completion confirming that you participated and outlining the average time spent and topics covered.

The Institute for Life Course and Aging

... is pleased to present the 2018-2019

ONLINE WORKSHOPS

**for Health Care and Other Professionals
working with Older Adults**

