

The 5-item Geriatric Depression Scale (GDS) is used as a screening tool for identifying Depression in older adults that can be used as a self-assessment or it can be clinician administered.

Time to Administer	2-3 minutes
Type	Standardized Screening Tool > electronic form
Setting	This short screening tool is used to identify the possible presence of a depression.
Administration	The 5-item GDS consists of 5 questions. It can be filled in by patient or administered by the HCP.
Interpretation	<p>The 5-item GDS consists of 5 items from the traditional short form (1, 4, 8, 9 and 12):</p> <ol style="list-style-type: none"> 1. Are you basically satisfied with your life? YES/ NO 2. Do you often get bored? YES/ NO 3. Do you often feel helpless? YES/ NO 4. Do you prefer to stay at home rather than going out and doing new things? YES/ NO 5. Do you feel pretty worthless the way you are now? YES/ NO <p>When two or more answers in bold are found it suggests a depression warranting further assessment. The clinician may proceed to the full 15-item scale for further clinical information.</p> <p>The five-item GDS is as effective as the 15-item GDS for the screening of depression in cognitively intact older subjects².</p> <p>This screening tool does not assess for suicide risk.</p>
Reference	<ol style="list-style-type: none"> 1. Development and testing of a five-item version of the Geriatric Depression Scale. 2. Validation of the Five-Item Geriatric Depression Scale in Elderly Subjects in Three Different Settings

First Name/Last Name	YYYY-MM-DD	
Patient Name:	Patient Birthdate:	
HCP Evaluator:	Evaluation Date:	
<p>Ask the patient to answer the following questions that reflect their status for the last week. If the appropriate answer is in BOLDED CAPITALIZED text, please enter "1" in the text box provided.</p>		
Are you basically satisfied with your life?	NO	Yes
Do you often get bored?	No	YES
Do you often feel helpless?	No	YES
Do you prefer to stay home rather than going out and doing new things?	No	YES
Do you feel pretty worthless the way you are now?	No	YES
		Final Score: