Diversity & Inequality Considerations for Older Adults

(In)Visible Minorities in Canadian Health Data and Research
http://sagelink.ca/invisible_minorities_canadian_health_data_research
The authors of this report express that there seems to be a lack of data and research on the role of race or visible minority status on health in Canada which leaves many questions about equitable access unanswered. As a result of the gaps in data and research found they provide two key recommendations.

Equity and Social Determinants of Health Among Older Adults
http://sagelink.ca/equity_and_social_determinants_of_health_among_older_adults
The author describes the history of the awareness of social inequalities which have an impact on health in America. Suggestions for reducing health inequities with prevention, addressing racial discrimination, economic considerations and issues related to health literacy are included.

Ontario’s Aging Population
http://sagelink.ca/ontarios_aging_population
This report by the Ontario Trillium Foundation on the challenges and opportunities of Ontario’s aging population including seniors groups at risk, ageism, elder abuse as well as community based solutions.

Seniors from Ethnocultural Minorities
http://sagelink.ca/seniors_from_ethnocultural_minorities
This publication from the National Advisory Council on Aging (NACA) provides an overview of key issues which impact the health and well-being of seniors including income, long-term care, family support and community services. The NACA concludes with recommendations to reduce the marginalization of these Canadian seniors.

Health Care and Aboriginal Seniors in Urban Canada: Helping a Neglected Class
http://sagelink.ca/health_care_and_aboriginal_seniors_in_urban_canada
This paper analyses the health care challenges facing Aboriginal seniors in urban Canada. The authors investigate which policy approaches are needed to improve the health and well-being of urban Aboriginal seniors.

Canada’s Most Vulnerable
http://sagelink.ca/canadas_most_vulnerable
This report from the Health Council of Canada provides an overview of issues related to the health disparities between First Nations, Inuit and Métis senior populations. In comparison to the larger Canadian population, a significantly larger proportion of Aboriginal seniors live on low incomes and in poor health, with multiple chronic conditions and disabilities.
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Cultural Understanding in the Provision of Supportive and Palliative Care: Perspectives in Relation to an Indigenous Population
http://sagelink.ca/cultural_understanding_in_the_provision_of_supportive_and_palliative Care
This article provides recommendations for non-indigenous care providers which were reviewed and approved by Mikmaq consultants related to the health system, relationships with individual persons and direction for future research.

Identifying Barriers, Developing Solutions: Addressing the Health and Social Needs of Gay, Lesbian, Bisexual and Transgender Older Adults who Reside in Long-term Care Homes
http://sagelink.ca/identifying_barriers_developing_solutions_lgbt_older_adults
This environmental scan highlights the limited published literature on this topic, especially in the Canadian context. Further research may help to reveal barriers and provide insights into how to address them.

Race/Ethnicity and Health-Related Quality of Life Among LGBT Older Adults
http://sagelink.ca/race_ethnicity_quality_life_lgbt_older_adult
The findings of this study illustrate the importance of identifying both health-promoting and health risk factors to understand ways to maximize the health and potential of racially and ethnically diverse LGBT older adults.

Improving Healthcare for LGBT Seniors
http://sagelink.ca/improving_healthcare_for_lgbt_seniors
This is a pdf of a presentation given by Rainbow Health Ontario (RHO) and Alzheimer Knowledge Exchange. An overview is given of the services RHO provides to address health disparities and how the disparities which exist impact the health of older adults.

Health Status and Health Determinants of Older Immigrant Women in Canada: A Scoping Review
http://sagelink.ca/health_status_and_health_determinants_of_older_immigrant_women_in_canada
The authors we conducted a scoping review to examine the available literature on the health of older immigrant women in Canada. Their findings suggest that older immigrant women tend to have more health problems, underutilize preventive services, such as cancer screening, and experience more difficulties in accessing healthcare services.

Potential Barriers to the use of Health Services Among Ethnic Minorities: A Review
http://sagelink.ca/potential_barriers_to_the_use_of_health_services_among_ethnic_minorities
The authors of this paper aimed to present an overview of the potential barriers and the factors, which may restrict ethnic minority patients from using health services, according to the literature available. They warn against making generalizations and to look at the myriad of potential barriers for each individual.