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Engaging & Empowering Older Adults

April 2018

Improved Decision-Making in the Care of Older People
https://sagelink.ca/improving_decision-making_in_the_care_of_older_people
This report explores the issues of risk and trust in relation to the care of older people, focusing in particular on decision-making.

Engaging Older Adults in Health Care Decision-Making: A Realist Synthesis
https://sagelink.ca/engaging_older_adults_in_health_care_decision-making_a_realist_synthesis
The authors sought to conduct a review of available knowledge on engagement in healthcare decision making with a focus on older patients and their caregivers.

Exploring an Informed Decision-Making Framework Using In-Home Sensors: Older Adults' Perceptions
https://sagelink.ca/exploring_an_informed_decision-making_framework_using_in-home_sensors
This paper provides helpful information for health care providers to consider in how they can improve informed decision making (IDM) for older adults about the use of sensor technologies to support independent living.

Empowering Older Patients to Engage in Self-Care Designing an Interactive Robotic Device
https://sagelink.ca/empowering_older_patients_to_engage_in_self_care
This article describes the development and testing of an interactive mounted computing device to support aspects of the complex self-care tasks of older adults.

Giving Voice to Older Adults Living with Frailty and Their Family Caregivers: Engagement of Older Adults Living with Frailty in Research, Health Care Decision Making, and in Health Policy
https://sagelink.ca/giving_voice_to_older_adults_living_with_frailty_and_their_family_caregivers
This paper discusses considerations specific to engaging with this vulnerable population in Canada. Considerations include barriers, ethical and cultural factors and implications

The Empowerment of Elderly Patients with Chronic Obstructive Pulmonary Disease: Managing Life With the Disease
https://sagelink.ca/the_empowerment_of_elderly_patients_with_COPD
This article reports on a study exploring people's experiences of the empowerment of older people with COPD.

Making Connections & Sharing Knowledge

seniors
health
knowledge
network

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Dementia: Autonomy and Decision-Making
https://sagelink.ca/dementia-autonomy_and_decision-making
This research summary from Alzheimer Scotland provides recommendations for policy and practice.

Elders Health Empowerment Scale. Spanish Adaptation and Psychometric Analysis
https://sagelink.ca/elders_health_empowerment_scale
The author discusses the adaptation of the Health Empowerment Scale (HES) for Spanish-speaking older adults. The validity and reliability are discussed.

Empowering Senior Citizens via Third Places: Research Driven Model Development of Seniors' Empowerment and Social Engagement in Social Places
https://sagelink.ca/empowering_senor_citizens_via_third_places
This paper reports on a qualitative study exploring senior consumers' empowerment through social engagement in third places.

Engaging Older Women in Your Community
https://sagelink.ca/engaging_older_women_in_your_community
This practice tool is intended to support agencies in anticipation of addressing structural barriers to the participation of older women in community initiatives including law and policy change.

Recruiting and Engaging Older Men in Evidence-Based Health Promotion Programs: Perspectives on Barriers and Strategies
https://sagelink.ca/recruiting_and_engaging_older_men_in_evidence-based_health_promotion
This mixed methods study aimed to gain insights into the barriers of recruiting and engaging older men in evidence-based health promotion programs.

From Age-ing to Sage-ing
https://sagelink.ca/from_age-ing_to_sage-ing
This publication describes a community development project that supported senior neighbours to support their neighbourhood children.

Staying Connected: Neighbourhood Correlates of Social Participation Among Older Adults Living in an Urban Environment in Montreal, Quebec
https://sagelink.ca/staying_connected
The objective of this study was to investigate the relationship between perceptions of neighbor-hood user-friendliness and social participation while controlling for personal characteristics in a sample of seniors living in an urban environment.

Aging, Health, and the Environment: An Ecological Model
https://sagelink.ca/aging_health_and_the_environment_an_ecological_model
This chapter provides an overview of the ecological model and its use as a blueprint for reviewing and evaluating concepts, methods and research in the epidemiology of aging.

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How Older Citizens Engage in Their Health Promotion: A Qualitative Research-Driven Taxonomy of Experiences and Meanings

https://sagelink.ca/how_older_citizens_engage_in_their_health_promotion

This study explored older people's experiences and subjective meanings concerning their engagement in health promotion as well as the emotional and pragmatic difficulties they face during their engagement.

Health Promotion and Disease Prevention Strategies in Older Adults with Intellectual and Developmental Disabilities

https://sagelink.ca/health_promotion_and_disease_prevention_strategies_in_older_adults_with_IDD

This article reviews the need to develop effective and efficient health promotion and disease prevention strategies for improving the health and quality of life for older adults living with intellectual and developmental disabilities.

Urban Environment and Social Health of the Elderly: A Critical Discussion on Physical, Social and Policy Environments

https://sagelink.ca/urban_environment_and_social_health_of_the_elderly

This paper identifies some major gaps in literature and discusses key policy implications for planners as we as recommendations for further research.

Social Vulnerability From a Social Ecology Perspective: A Cohort Study of Older Adults from the National Public Health Survey of Canada

https://sagelink.ca/social_vulnerability_from_a_social_ecology_perspective

The authors investigated many social factors in relation to one another and to survival among older adults using a social ecology perspective to measure social vulnerability among older adults.

Engaging Older Adults to Build Social Capital

https://sagelink.ca/engaging_older_adults_to_build_social_capital

This paper explores the demographics of older adults globally, the capacity of older adults to provide support for other older adults in need as well as implications for health policy.

How to Enhance the Social Inclusion of Older Adults: A Practical Inventory Based on an Ecological Model

https://sagelink.ca/how_to_enhance_the_social_inclusion_of_older_adults

This paper discusses how the ecological model enables us to view an older adult as an individual who is included in a system of significant relationships with their family and the world they live in, as well as with local and regional organizations in their community. Interventions are discussed.

Engaging with Older People Evidence Review

https://sagelink.ca/engaging_with_older_people_evidence_review

This review is intended to provide evidence the case for engagement and overviews the essential elements for successful engagement.

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Building Community-Based Support With Older People
https://sagelink.ca/building_community-based_support_with_older_people
This report provides a summary of reports, discussion papers and research studies that have been published between 2010-2015 which look at aspects of creating and sustaining community-based support, especially for and led by older people.

Empowering and Rights-Based Approaches to Working With Older People
https://sagelink.ca/empowering_and_rights-based_approaches_to_working_with_older_people
This webpage examines critical social work with older people, in particular how it relates to issues of abuse and mistreatment.

Social Networking to Empower Older People
https://sagelink.ca/social_networking_to_empower_older_people
This article discusses research findings on how online social networking can help prevent social isolation in older adults.

Empowering a Group of Seniors in a Rural Community
https://sagelink.ca/empowering_a_group_of_seniors_in_a_rural_community
This article discusses the use of convergent care research and the stages of the empowerment process through the findings of a study done with seniors in a rural community.

Reaching & Engaging Older Adults in Behavioural Health
https://sagelink.ca/reaching_and_engaging_older_adults_In_behavioural_health
This webinar recording shares approaches to reach and engage older adults in the prevention and early intervention for depression, and alcohol and medication misuse. Presenters discussed successful strategies to engage a variety of older adult groups.

Engaging the Aging: Physical Activity for Older Adults
https://sagelink.ca/engaging_the_aging_physical_activity_for_older_adults
This webinar recording explores the benefits and key elements of effective physical activity programs for older adults. Strategies for overcoming challenges were also discussed as well as key program components.

I'm in! Towards Participatory Healthcare of Elderly Through IOT
https://sagelink.ca/i_am_in_towards_participatory_healthcare_of_elderly_through_IOT
In this paper the authors propose a participatory design of IOT technologies to enact universal design in order to better include the elderly in managing their health and improving their quality of life.

Participatory Action Research With Older Adults: Key Principles in Practice
https://sagelink.ca/PAR_with_older_adults
This article provides a review of the literature on participatory action research (PAR) in gerontology.