



Supporting Aging in Place

August 2018

Strategies for Aging in Place: The Experience of Language-Minority Seniors With Loss of Independence https://sagelink.ca/strategies_for_aging_in_place

This article describes the findings of a qualitative descriptive study exploring strategies that French-speaking older Canadians have put into place to counter the loss of independence and support their ability to age in place.

Preliminary Data from Community Aging in Place, Advancing Better Living for Elders, a Patient- Directed, Team- Based Intervention to Improve Physical Function and Decrease Nursing Home Utilization

https://sagelink.ca/preliminary_data_from_CAPABLE_program

This article describes the CAPABLE model which aims to support older adults to age in place.

Community-Based Models for Aging in Place

https://sagelink.ca/community-based_models_for_aging_in_place_2016

This brief provides an introduction to the topic of Aging in Place and provides examples of housing options.

Livable Community Indicators for Sustainable Aging in Place

https://sagelink.ca/livable_community_indicators_for_sustainable_aging_in_place_2013

This American publication discusses a collaborative initiative which resulted in the development of a list of indicators that can be measured using information that is readily available and adaptable to local governments, providing low-cost ways for governments to begin to examine the specific needs of their aging population. These indicators reflect a framework of how livable community characteristics influence aging in place.

Healthy Aging and Age-Friendly Community Initiatives

https://sagelink.ca/healthy_aging_and_age-friendly_community_initiatives

This American article seeks to summarize research, practice and policy on community initiatives from the field of aging and beyond. It addresses questions regarding the ways in which communities can affect healthy aging, what age-friendly community initiatives (AFCIs) are, and an overview of past and potential efforts within the U.S. government to support community change processes on behalf of our rapidly aging society.

The Meaning of "Aging in Place" to Older People

https://sagelink.ca/the_meaning_of_aging_in_place_to_older_people

This study investigated older adults perceptions of aging through a variety of lenses.

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Advancing Inclusion and Quality of Life for Canada's Seniors: A Nursing Perspective on Healthy Aging

https://sagelink.ca/advancing_inclusion_and_quality_of_life_for_canadas_seniors

This submission to the Standing Committee on Human Resources and Social Development and the Status of Persons with Disabilities (HUMA) overviews recommendations to support aging well in place, age-friendly communities and dying well.

A New Vision for Aging at Home https://sagelink.ca/a_new_vision_for_aging_at_home_2012

This publication calls for a new vision for aging at home that addresses the diversity of needs and challenges that Canadians may experience that also contributes towards building a sustainable healthcare system.

Receiving Care at Home https://sagelink.ca/receiving_care_at_home

This paper focuses on the statistics regarding receiving care at home in Canada from the General Social Survey.

Healthy Aging in Place: Improving Rural and Northern Aboriginal Seniors' Health Through Policy and Community Level Interventions (2011-2014)

https://sagelink.ca/healthy_aging_in_place_improving_rural_and_northern_aboriginal_seniors_health_2016

This webpage includes information on research seeking to identify the policy, community and kin-level interventions that influence health outcomes for rural and northern Aboriginal and non-Aboriginal seniors; and to create an assessment framework to monitor the range and impact of these interventions in supporting seniors' health outcomes in rural and northern areas.

Canada's Aging Population and Public Policy: 7. The Effects of Community Planning https://sagelink.ca/canadas_aging_population_and_public_policy

This research brief discusses the importance of developing age-friendly communities in Canada.

Building Older Adults' Resilience by Bridging Public Health and Aging-in-Place Efforts https://www.rand.org/content/dam/rand/pubs/tools/TL200/TL282/RAND_TL282.pdf

This toolkit contains information and activities that can bring together those involved in aging-in-place support and those involved in disaster resilience efforts to improve the resilience of older adults to natural and human-caused disasters.

Aging in Place: A Toolkit for Local Governments

https://sagelink.ca/aging_in_place_a_toolkit_for_local_governments

This toolkit is designed to help municipalities to plan to support their older population to age in place. It includes examples and techniques for coordination and their cost effectiveness.

Age-Friendly Communities: Are we Expecting too Much?

https://sagelink.ca/afc_are_we_expecting_too_much

This issue of IRPP insight discusses the importance of the environment in successful aging.

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Community Innovations for Aging in Place (CIAIP) Final Report

https://sagelink.ca/community_innovations_for_aging_in_place

This report defines and provides a background on Aging in Place and the Community Innovations for Aging in Place initiative.

Aging in Place in a Changing Neighbourhood https://sagelink.ca/mapping_aging_in_place

This report describes a project undertaken in Toronto to engage with older adults to map how well a specific neighbourhood was equipped to support aging in place, identify barriers and strategies to enhance the livability of the community.

HomeStars Insights Forum 2017 Aging in Place Report

https://sagelink.ca/homestars_aging_in_place_report_2017

This report uncovers Canadian's perspectives on aging and future planning. It includes recommendations to assist older Canadians to thrive in place.

Aging in Place in Gentrifying Neighborhoods: Implications for Physical and Mental Health https://sagelink.ca/aging_in_place_in_gentrifying_neighborhoods

This article discusses the need for neighborhood-level interventions and relocation support for older adults to help promote and support health in later life.

Perceived Neighborhood Safety, Social Cohesion, and Psychological Health of Older Adults

https://sagelink.ca/perceived_neighborhood_safety_social_cohesion_and_psychological_health_of_older_adults

The authors investigated the consequences of subjective experiences of neighbourhood safety and social cohesion on older adults mental health. Their findings suggest the importance of promoting perceived neighbourhood safety and social cohesion particularly for those with functional limitations.

Cognition in Context: The Role of Objective and Subjective Measures of Neighborhood and Household in Cognitive Functioning in Later Life

https://sagelink.ca/cognition_in_context

The authors investigated both neighbourhood and home as socio-spatial realms of older adults and explored the relationship between health and place. They also looked at objective and subjective measures and their associations with cognition.

Older Adults With Hoarding Behaviour Aging in Place: Looking to a Collaborative Community-Based Planning Approach for Solutions

https://sagelink.ca/older_adults_with_hoarding_behaviour_aging_in_place

This paper discusses research which examines how a collaborative community approach can promote successful aging in place for older adults who engage in hoarding behaviours.

Current and Emerging Issues Facing Older Canadians

https://sagelink.ca/current_and_emerging_issues_facing_older_canadians

This report examines the issues of ageing in place, caregiver support, an ageing workforce, health care sustainability, social inclusion and activity, elder abuse and ageism.

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Thinking About Your Future? Plan now to Age in Place

https://sagelink.ca/thinking_about_your_future_2015

This handout describes aging in place and its benefits. It includes a checklist to help individuals to assess their readiness and preferences in a variety of domains.

Plan Your Future Today https://sagelink.ca/plan_your_future_today

This information sheet explains what aging in place is, why having a plan is important and when one should start planning.

Thinking About Aging in Place https://sagelink.ca/thinking_about_aging_in_place_2012

This handout is intended to assist older Canadians to plan for their future and to age in their own homes, in their communities.

Aging Well: Information for Seniors <https://www.ontario.ca/page/information-seniors>

This website developed by the Ministry of Seniors and Accessibility provides information regarding programs and services available to help older adults stay healthy, active and engaged in the community.

Aging in Place Design Guidelines: For Independent Living in Multifamily Buildings

<https://www.enterprisecommunity.org/download?fid=6623&nid=3496>

This handbook created by Enterprise Green Communities includes guidelines for housing owners to better assess and respond to the needs of aging residents.

Age-Friendly Communities: The Movement to Create Great Places to Grow up and Grow old in America

https://sagelink.ca/afc_the_movement_to_create_great_places_to_grow_up_and_grow_old

This publication provides a comprehensive overview of the benefits of age-friendly communities in America, including supporting aging in place.

Aging in Place Success Stories <https://sagelink.ca/aging-in-place-success-stories>

This webpage showcases innovative examples from municipalities, seniors' associations and developers.

Factors Influencing Acceptance of Technology for Aging in Place: A Systematic Review

https://sagelink.ca/factors_influencing_acceptance_of_technology_for_aging_in_place_2014

This article provides an overview of factors which influence the acceptance of electronic technology to support aging in place and compares implementation factors and results as well as recommendations for future research.

2018 Smart Home Technology for Seniors

https://sagelink.ca/smart_home_technology_for_seniors

This website discusses the different types of technology that can help older adults with everyday life.