

# ONTARIO AGE-FRIENDLY COMMUNITIES



## NETWORK EXCHANGE

SEPTEMBER 2018

Hello,

Perhaps it is nostalgia for the 'back-to-school' days but for me, September always feels like a new beginning - people are back at their desks and seem ready to dive back into the work with new ideas and renewed energy.

To help harness this momentum, I encourage you to explore the following two new resources released by the Ontario Age-Friendly Communities Outreach Program in the past month:

- [Applying for Funding: Grant Writing Tips](#)
- [Designing an Information Guide for Older Adults](#)

Warm regards,

Sarah Webster  
Knowledge Broker  
Ontario Age-Friendly Communities Outreach Program  
[swebster@seniorshealthknowledgenetwork.com](mailto:swebster@seniorshealthknowledgenetwork.com)

## Spotlight

### In the News

- [\\$75 Million Dollar Investment To Study Seniors Well-Being To Be Funded By Private Company](#)
- [Healthy Aging Expo to be held this October](#)
- [Respite care urged for caregivers of seniors](#)
- [U.K. seniors turn to 'men's sheds' to combat loneliness](#)
- [14th Global Conference on Ageing Drives Action to Address Inequalities](#)
- [Newly Appointed Minister of Seniors reaffirms Government commitment to support older persons](#)
- [How Barrie is transforming itself into an age-friendly city](#)
- [Hundreds of Medals Awarded During Ontario 55+ Summer Games in Mississauga](#)
- [Age-friendly neighbourhood design promoted](#)
- [Home renovation program for London seniors, disabled expanded to cover repairs](#)
- [Uxbridge moves to remove barriers for elderly citizens](#)

### Upcoming Events

#### Conferences and Workshops

- October 1-4 | [Community Change Festival: Ideas to Practice to Impact](#) [Festival, Toronto]
- October 18-20 | [Canadian Association on Gerontology](#) [Conference, Vancouver]

#### Webinars

- September 13 | [Bone Matters Webinar on 'Osteoporosis & Yoga'](#)
- September 25 12:00-1:00 p.m | [Building Momentum-Your role in influencing Canada's National Codes and Preventing Falls in Homes](#)
- October 16 1:00-2:00 p.m. | [Research and Innovation in Aging Forum: Aging, Technology &](#)

## Resources

- [Resource] [Applying for Funding: Grant Writing Tips](#)
- [Resource] [Designing an Information Guide for Older Adults](#)
- [Resource] [The Status of Senior Entrepreneurship in Canada: A Snapshot](#)
- [Resource] [Issues Brief: LGBT and Dementia](#) (US Alzheimer's Association)
- [Resource] [Community Outreach: Elder and Senior Law Project](#)
- [Resource] [Revera Report on Ageism: Innovation and the Aging Experience](#)
- [Resource] [Halton Older Adult's Directory](#)
- [Resource] [Housing Information for Older Adults in Halton](#)
- [Resource] [Global Strategy and Action Plan on Ageing and Health](#)
- [Resource] [Designing housing decision-support tools for resilient older people](#)
- [Website] [Age-Friendly Communities Provincial Website](#)

## Announcements

### General Announcements

- **Older LGBTQI People Call to Action - Sign the Pledge** - Due to a lifetime of experiencing different forms of oppressions including homophobia, heterosexism, transphobia, sexism, and ageism, older LGBTQI persons are less likely than heterosexual and/or cisgender (non-trans) older persons to access support from non-LGBTQI health service providers, and other types of social support programs because they fear discrimination and sexual harassment. The Older LGBTQI People Call to Action was formally launched at the International Federation on Ageing 14<sup>th</sup> Global Conference on Ageing in August. Sign the pledge as an individual or on behalf of your organization.
- **Arts Participation in Ontario Survey** - The Sheridan Centre for Elder Research is looking for individuals **aged 55 and older** to complete a new survey that will help us to learn more about 1) how older individuals in Ontario take part in arts-based programming, such as dancing and painting classes, and 2) their attendance at arts-related institutions and events, such as art galleries and book launches. [Click here to complete the survey](#).
- **Fall Prevention Month - November is Fall Prevention Month**. Organizations and individuals in Canada and beyond are encouraged to come together to coordinate fall prevention efforts for a larger impact. Now in its fourth year, the Fall Prevention Partners have planned the campaign by creating and updating the Toolkit to enable individuals and organizations to participate by planning activities and sharing evidence-informed information. New this year is a section on childhood falls (ages 0-6). The motto says it all "It takes a community to prevent a fall: We all have a role to play". Learn more by checking out the [toolkit](#) and by joining the [Fall Prevention Community of Practice](#) and checking out the [Loop](#) website. Stay connected! Follow us on [Twitter](#) and [Facebook](#). [Join our mailing list](#).
- **Participation in online game study** - In collaboration with Baycrest Health Sciences, the Sheridan Centre for Elder Research is conducting a research study to evaluate whether playing online games can benefit the health of older adults. [Click here for more information](#).

### Funding Announcements

- [SEED Funding for Affordable Housing](#) [currently accepting proposals]
- [Affordable Rental Innovation Fund](#) [currently accepting proposals]
- [NHS Research and Planning Fund](#) [deadline to submit proposals is September 17, 11:59 p.m]

## Stay Connected

To stay 'in the know' about new AFC resources, upcoming webinars and community profiles....

- Join our provincial AFC [Distribution List](#)
- Contact [Sarah Webster](#), the Ontario AFC Knowledge Broker
- Visit the AFC [English](#) or [French](#) Website

## Age-Friendly Community Outreach Program Background

The [Ministry for Seniors and Accessibility](#) has partnered with the University of Waterloo, Queen's University, Huntington/Laurentian University, the Ontario Interdisciplinary Council for Aging and Health (OICAH), and the Seniors Health Knowledge Network (SHKN) to administer the Age-Friendly Communities (AFC) Outreach Program.

This program is designed to help communities, including AFC Planning Grant recipients:

- increase awareness of age-friendly planning principles,
- share best practices,
- and start, continue, evaluate and improve on their AFC action plans.

The AFC Outreach Program builds on and complements the [AFC Planning Guide](#) and the AFC Planning Grant Program.

The program aims to increase awareness about AFCs connectivity within and between AFCs, and capacity for local planning and implementation.

---

STAY CONNECTED

