

The Clinical Frailty Scale (CFS) is an evaluation tool that uses clinical descriptors and pictographs to determine the frailty or fitness of an individual.

Element	Details
Time to Administer	5 minutes
Type	Clinical Assessment > Linked Resource
Setting	Any
Administration	Ideally, record the Clinical Frailty Scale on admission, discharge, every clinic or home visit.
Interpretation	Definitions outline the nine degrees of frailty from Very Fit to Terminally Ill.
Reference	Rockwood K, Song X, MacKnight C, Bergman H, Hogan DB, McDowell I, Mitnitski A. A global clinical measure of fitness and frailty in elderly people . <i>CMAJ</i> . 2005 Aug 30;173(5):489-95 Geriatric Medicine Research. "Clinical Frailty Scale." <i>Dalhousie University</i> , 2005, https://www.dal.ca/sites/gmr/our-tools/clinical-frailty-scale.html .