



The Centre for Studies in Aging & Health

Working collaboratively to build capacity and promote awareness with our partners in knowledge translation and exchange, through education and research to promote successful aging.



“Meaningful Connections in Aging: Inclusive Communities & Emerging Technologies” November 1, 2019

<i>Speaker</i>	<i>Biography</i>	<i>Talk</i>
<p>Nathan Stall MD, FRCPC Geriatrics and Internal Medicine (Clinical Associate) Sinai Health System and the University Health Network Hospitals Women's College Hospital</p> <p>PhD Candidate, Clinical Epidemiology & Health Care Research Institute of Health Policy, Management and Evaluation Women's College Research Institute Eliot Phillipson Clinician-Scientist Training Program University of Toronto</p>	<p>Dr. Nathan Stall received his medical degree from Western University and completed his residency in Internal Medicine and fellowship training in Geriatric Medicine at the University of Toronto. He is currently a research fellow at Women's College Research Institute at Women's College Hospital and is completing a PhD in Clinical Epidemiology & Health Care Research at the Institute of Health Policy, Management and Evaluation (IHPME) at the University of Toronto.</p> <p>His doctoral research uses large administrative databases to study the population health impact of caregiving for dementia. His other research interests include loneliness and social isolation, drug safety for older adults, sex and gender-based determinants of ageing, and health care utilization among persons with dementia.</p> <p>He has authored over 25 peer-reviewed publications and has presented his work at national and international conferences. His research is supported by the University of Toronto Department of Medicine's Eliot Phillipson Clinician-Scientist Training Program and the Vanier Canada Graduate Scholarship. He has been a Staff Geriatrician at Sinai Health System since 2017. His clinical work focuses on acute care geriatrics. Dr. Stall attends on the inpatient Geriatric Medicine Consultation Service and on the Internal Medicine Clinical Teaching Units at Mount Sinai Hospital.</p>	<p>"Look at all the lonely people: social isolation and loneliness in older adults"</p> <p>Brief description:</p> <ol style="list-style-type: none"> 1. Define social isolation and loneliness and discuss its prevalence in older people. 2. Review the negative consequences of social isolation and loneliness in older people. 3. Highlight strategies to prevent and mitigate the risks of social isolation and loneliness in older people.

<p>Ian Clark President Kingston Coalition Against Poverty</p>	<p>Ian has been an anti-poverty and anti-oppression activist in Kingston for nine years. He became involved in community-based activism at the encouragement of several of his friends in university, and began to dedicate more and more of his life to anti-poverty activism after both his involvement with KCAP and his own experiences living in poverty in his early 20s granted him an all-too-detailed understanding of what the experience of poverty is like, even in a country as affluent as Canada. His work focuses on educating the public on the origins and effects of poverty, as well as putting it in context with other intersecting systems of oppression such as sexism, racism, homophobia, transphobia, ableism, and ageism, but his favourite part is when he gets to show by doing, and hit the streets with some food and/or other much needed supplies for those living on the street. Most recently, KCAP's work has been focusing on examining and publicizing the state of homelessness in Kingston, particularly in evaluating what has and hasn't worked with the city's 10 Year Housing and Homelessness Plan. He also organized and participated in the Keep Your Head Above Water event, in which he treaded water to raise money for the Partners in Mission Food Bank, AMS Food Bank, Kingston Street Mission, Lunch by George, and Martha's Table. In his spare time, he enjoys writing, hiking, swimming, and running. In his day job, he is a care worker at a local addiction treatment centre. He has also been enjoying newlywed bliss since May, when he married his long-time girlfriend and the vice-president of KCAP.</p>	<p>"Aging While Poor: Why Poverty is Worst on the Elderly, and Aging is Worst on the Poor" Although anti-poverty activist Ian Clark never set out to do work on aging, the subject keeps proving itself impossible to ignore. He will discuss the ways that issues of poverty and aging not only intersect, but seem to be inextricably connected. What is it that seems to bring these two issues together so frequently? Is one merely the inevitable consequence of the other, or is it the result of marginalization of the poor and marginalization of the elderly being so similar in manifestation?</p>
<p>Devan Nambiar, MSc.,Dipl. Addictions Ed. Education & Training Rainbow Health Ontario</p>	<p>Devan Nambiar, MSc. has been working in the 2SLGBTQ and HIV community for over 20 years and has presented widely on sexual orientation and gender identity with an intersectional lens. In his professional capacity, Devan provides training and education on 2SLGBTQ cultural and clinical competencies for MDs, NPs, RNs, RSW and psychologists how to provide inclusive care for youth, adults and seniors. Additionally, he has been presenting at Long</p>	<p>Providing Culturally and Clinically Competent Care for LGBT2SQ Seniors The presentation explores the impact of aging in the LGBT2SQ communities. GBT. The session addresses minority stress and the challenges growing up in</p>

	<p>Term care homes and various conferences on LGBT2SQ and aging.</p> <p>He has served on numerous boards and Ethics Review Board and is currently serving as Patient and Community Advisory Committee at Canadian Agency for Drugs and Technologies in Health (CADTH).</p>	<p>an era when it was criminal to be LGBT2SQ. We will explore the impact of stigma, discrimination, isolation and outcomes of acute and chronic stress and challenges of navigating the health care system. But also the resilience to thrive in spite of the barriers. Participants will learn of the societal factors that impact LGBT seniors and how to improve services, provide sensitive and competent health care to the invisible population.</p>
<p>Dr. Atul Jaiswal Researcher: CIHR Health System Impact Postdoctoral fellow</p>	<p>Dr. Jaiswal's postdoctoral work aims to explore ways how we can prepare the Canadian healthcare system to meet the needs of older adults with dual sensory loss (DSL). He completed his PhD in Rehabilitation Science from the School of Rehabilitation Therapy, Queen's University, Canada. Dr. Jaiswal's doctoral research focused on identifying ways to enhance participation of persons with deafblindness or dual sensory loss in society. One of his reviews focused on understanding the use of assistive technology for people with deafblindness. He is a trained occupational therapist as well as a rehabilitation social worker with an experience of more than seven years in the field of disability rehabilitation. At Queen's, he delivered his TED talk on "Novel applications and considerations of Wearable technologies" in the field of healthcare and rehabilitation at and was the lead in organizing a tri-university conference on global health and rehabilitation in 2018.</p>	<p>"Social Isolation among Older adults with vision loss, hearing loss, and dual sensory loss: Problems and Possibilities".</p>

<p>Dr. J. Puxty MB., ChB., MRCP(UK), FRCP (C)</p>	<p>Dr. John Puxty is a Geriatrician, an Associate Professor and Chair of the Division of Geriatric Medicine at Queen's University, Director of the Southeastern Ontario Regional Geriatric Program and the Centre for Studies in Aging and Health and Chair of the Seniors Health Knowledge Network.</p> <p>Dr. Puxty has a primary interest in promoting healthy aging and effective care for seniors with a research interest in aging, age friendly communities, memory disorders, knowledge mobilization and information technology.</p>	<p>Housing Needs for Older Adults in Canada with a focus on Ontario</p>
<p>Vicky Willis Lived Experience Facilitator Providence Care Seniors Mental Health/South East Behavioural Support Services</p>	<p>Vicky Willis was the care giver to her husband who was diagnosed with Frontotemporal Lobe Dementia at the age of 47. He lived at home for 4 years and then in a Long Term facility for 4 years. After 8 years of living with this disease he passed away May 1, 2018 at the age of 55. Because of the path that was presented to me I have taken on the role of the South East Ontario Lived Experience Network Facilitator inviting people to join me in conversations and live typed chats about their experiences.</p>	<p>Vicky will be talking about her experience as a care giver to her husband who had Frontotemporal Lobe Dementia.</p>
<p>Judy Tetlow Advocate, counselor, teacher, facilitator and mediator</p>	<p>Judy recently retired from her role as Mediating with Empowering and Nurturing Dialogue Intervention Specialist (Restorative Practice) with Limestone District School Board and the Youth Diversion Program where she co-created and co-facilitated bringing a restorative conflict resolution & prevention approach into local schools. Judy continues to do some mediation, facilitation and teaching work. Her experience with Alzheimer's is very personal. Judy advocated for and supported both of her husband's parents who ended up in LTC (and one also in the Psychiatric Hospital) due to dementia. As Power of Attorney for her mother Judy's advocacy role ensured that her mum did not end up in Long-Term Care, nor was she subjected to a risky and ultimately unhelpful major surgical procedure.</p>	<p>Judy's talk will focus on the need to listen to and work with patient advocates to better support the patient and family. She is also keenly aware that despite the difficulties of regularly battling against systems that were ultimately designed to provide support; it would have been impossible to maintain a good quality of care if her mother had not had solid financial resources.</p>

<p>Dr. Bruce Wallace B.E.Sc., M.Eng., Ph.D, P.Eng</p>	<p>Dr. Wallace is currently the Executive Director of the AGE-WELL National Innovation Hub on Sensors and Analytics for Monitoring Mobility and Memory (AW-NIH:SAM3); Adjunct Research Professor and Contract Instructor within the Systems and Computer Engineering Department, Carleton University and an Affiliated Researcher with the Bruyère Research Institute. His research expertise relates to the applications and Sensors and Machine Learning / Artificial Intelligence techniques to assess well-being for older adults that are facing cognitive and physical declines associated with illness or aging. It includes applications to extend independence to delay entry into care through supportive applications of technology and AI. A major focus is the assessment and understanding of older adult driving behaviors.</p>	<p>Co-presenter of "Enabling Independence and Well-being in Aging through Smart Sensor Solutions"</p>
<p>Dr. Frank Knoefel BSc, MD, CCFP (CoE), FCFP, MPA</p>	<p>Dr. Knoefel is currently a Physician with the Bruyère Memory Program at Bruyère Continuing Care and Senior Investigator with the Bruyère Research Institute, Ottawa. He is an Assistant Professor with the Department of Family Medicine, University of Ottawa, and an Adjunct Research Professor with the Department of Systems and Computer Engineering, Carleton University, Ottawa. He is the Co-Founder and Co-Leader of the TAFETA: Smart Systems of Health, Co-PI for AGE-WELL:WP5 - Technology for Prevention and Reduction of Disease and Disability and Leadership team member for AW-NIH:SAM3. His current research interests include the use of technology in caring for older adults, and the remote monitoring of mobility and breathing, with current work including the use of technology to monitor and minimize cognitive decline.</p>	<p>Co-presenter of "Enabling Independence and Well-being in Aging through Smart Sensor Solutions"</p>