

Patient Name:

Patient Birthdate:

HCP Evaluator:

Evaluation Date:

Scoring System: **0 = unable to evaluate or absent: 1 = mild or intermittent: 2 = severe**

Ratings should be based on symptoms and signs occurring during the week prior to interview.

No score should be given if symptoms result from physical disability or illness.

The scale is designed as a screening tool and is not diagnostic

A. Mood-Related Signs

1. Anxiety: anxious expression, ruminations, worrying
2. Sadness sad expression, sad voice, tearfulness
3. Lack of reactivity to pleasant events
4. Irritability: easily annoyed, short-tempered

B. Behavioral Disturbance

1. Agitation: restlessness, handwringing, hairpulling
2. Retardation: slow movements, slow speech, slow reactions
3. Multiple physical complaints (score 0 if GI symptoms only)
4. Loss of interest a 0 1 2 less involved in usual activities
(score only if change occurs acutely: i.e., in less than one month)

C. Physical Signs

1. Appetite loss: eating less than usual
2. Weight loss: score 2 if greater than 5 lb. in one month
3. Lack of energy: fatigues easily, unable to sustain activities
(score only if change occurred acutely, i.e., in less than 1 month)

D. Cyclic Functions

1. Diurnal variation of mood: symptoms worse in the morning
2. Difficulty falling asleep: later than usual for this individual
3. Multiple awakenings during sleep
4. Early-morning awakening: earlier than usual for this individual

E. Ideational Disturbance

1. Suicide: feels life is not worth living, has suicidal wishes or makes suicide attempt
2. Poor self-esteem a 0 1 2 self-blame, self-deprecation, feelings of failure
3. Pessimism: anticipation of the worst
4. Mood-congruent delusions: delusions of poverty, illness or loss

Score:

Score > 10 = probably major depressive episode. Score > 18 = definite major depressive episode.

PLEASE NOTE: When saving this form rename the file by
appending the patient's name to the original file name.