

The Rapid Geriatric Assessment includes four screening tool for frailty, sarcopenia (loss of muscle), nutrition, and cognitive function.

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Element	Details
Time to Administer	5 minutes or more depending on how many screening tools are used and the patient's ability and tolerance.
Type	Clinical Assessment > Linked Resource
Setting	Any
Administration	<p>The Rapid Geriatric Assessment includes four optional screening tools that may be administered together or separately:</p> <ul style="list-style-type: none"> • The Simple "FRAIL" Questionnaire Screening Tool • SARC-F Screen for Sarcopenia • Simplified Nutritional Assessment Questionnaire (SNAQ) • Rapid Cognitive Screen (RCS)
Interpretation	<p>Each screen has a scoring system to indicate the presence or absence of their respective topic.</p> <p>Information sheets on brain health, fatigue, polypharmacy, sarcopenia, weight loss & anorexia, and management of cognitive dysfunction and frailty are included to provide more information.</p>
Reference	<p>Saint Louis University, & Aging Successfully. (2016, September 7). Rapid Geriatric Assessment. Retrieved December 4, 2019, from http://aging.slu.edu/uploads/RGA_Algorithms_and_Pt_Info_Sheets_Updated_7_9_2016.pdf.</p>