Age-Friendly & Dementia-Friendly Communities

Last reviewed December 2019

Age-Friendly Communities are Empowering Seniors to Thrive

https://www.wellnessnb.ca/seniors/age-friendly-communities/

This website has a list of resources to help seniors understand and develop an Age-Friendly community (AFC). An AFC is a place where seniors can age actively, live in security and enjoy good health. **(OPEN ACCESS)**

Is a Healthy City Also an Age-Friendly City?

https://academic.oup.com/heapro/article/30/suppl_1/i108/584073

This article synthesizes qualitative evidence from 33 structured case studies from WHO European Healthy Cities, reports from Network cities and quantitative responses to a general evaluation questionnaire. **(OPEN ACCESS)**

Age-Friendly Communities Initiative: Public Health Approach to Promoting Successful Aging https://www.sciencedirect.com/science/article/abs/pii/S1064748116301993?via%3Dihub

This article provides a brief historical background, discusses the conceptualization of AFC, offers a list of criteria, narrates case studies of AFCs in various stage of development, and suggests solutions to common challenges to becoming Age-Friendly. **(PAID ACCESS)**

Evaluation of an Age-Friendly City and its Effect on Life Satisfaction: A Two-Stage Study https://www.mdpi.com/1660-4601/16/24/5073

The objective of this study was to evaluate an Age-Friendly city by analyzing its relationship with life satisfaction, taking into account the age cohort variables of the elderly and whether they live alone or with someone else. **(OPEN ACCESS)**

Capturing how Age-Friendly Communities Foster Positive Health, Social Participation and Health Equality

https://bmcpublichealth.biomedcentral.com/articles/10.1186/s12889-017-4392-7

This study aimed to better understand which and how key components of Age-Friendly Communities best foster positive health, social participation and heath equity in aging Canadians. **(OPEN ACCESS)**

How Age-Friendly Communities can Reduce Social Isolation

http://chnet-works.ca/index.php?option=com_rsevents&view=events&layout=show&cid=385%3A464-how-age-friendly-communities-can-reduce-social-isolation--la-facon-dont-les-collectivites-amies-des-aines-peuvent-aider-a-reduire-lisolement-social&Itemid=6&lang=en

This webpage includes resources from a webinar which featured three projects demonstrating how an age-friendly communities approach can address social isolation. **(OPEN ACCESS)**

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Age-Friendly Initiatives, Social Inequalities, and Spatial Justice

https://onlinelibrary.wiley.com/doi/full/10.1002/hast.912

This essay explores how Age-Friendly initiatives (AFI) can address social inequalities in health and aging and describes how embedding a spatial justice lens could help AFI realize their goals. **(OPEN ACCESS)**

Enabling the Creation of Age-Friendly Physical Environments

http://www.nationalseniorsstrategy.ca/wp-content/uploads/2015/02/NSS-Age-Friendly.pdf

This resource describes the first pillar of the Canadian National Seniors Strategy which speaks about the important role of Age-Friendly Communities. **(OPEN ACCESS)**

Planning for Accessible Age-Friendly Communities

http://chnet-works.ca/index.php?option=com_rsevents&view=events&layout=show&cid=401%3A&Itemid=25&lang=en

This webpage includes resources from a webinar that demonstrated how accessibility has been incorporated into the design of infrastructure and/or programs at the provincial and municipal level. Presenters discuss how an age-friendly approach encourages communities to design policies, services and structures to help older people enjoy good health, participate actively and live in security. **(OPEN ACCESS)**

No Place to Grow Old: How Canadian Suburbs can Become Age-Friendly

http://irpp.org/wp-content/uploads/2017/02/insight-no14.pdf

This Institute for Research on Public Policy document provides a summary of the benefits and appropriateness of Age-Friendly Community initiatives in Canada. **(OPEN ACCESS)**

Municipalities Need to Start Integrated Age-Friendly Thinking into Land use Planning

https://policyoptions.irpp.org/magazines/march-2017/building-age-friendly-suburbs/

This article states that municipalities are under constant pressure to achieve more with fewer resources and that there is an urgent need to actively connect the goal of age-friendly communities with the municipal land planning processes. **(OPEN ACCESS)**

Aging and Age-Friendly Policy in Ontario's Mid-Sized Cities

https://www.evergreen.ca/downloads/pdfs/2017/08_MSC_RC_Hartt_Biglieri.pdf

The authors of this publication argue that there is still an opportunity for individual municipalities to take the lead in planning for their aging populations. **(OPEN ACCESS)**

Gazing Critically at Age-Friendly Communities

https://vimeo.com/202222296

This presentation recording featuring Dr. Mark Rosenberg provides an overview of the importance of including the voices of older adults in all discussions about how to make communities Age-friendly; the value of understanding the data in our communities and priority areas of focus that have been emerging as trends across Canada. **(OPEN ACCESS)**

Age-Friendly Communication   http://www.phac-aspc.gc.ca/seniors-aines/alt-formats/pdf/publications/public/various-varies/afcomm-commavecaines/AFComm-Commavecaines-eng.pdf

This guide by the Public Health Agency of Canada provides practical and easy to follow advice, tips and additional sources of information to help you communicate clearly and effectively to audiences of all ages. **(OPEN ACCESS)**

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Strengthening Age-Friendly Communities and Seniors' Services for 21st Century
https://www.amo.on.ca/AMO-PDFs/Reports/2016/StrengtheningAgeFriendlyCommunitiesSeniorsServices.aspx

This document from the Association of Municipalities Ontario describes their role at the forefront of developing AFC and providing vital services to seniors including long-term care, affordable housing, public health services and community support services. It provides an outline of key issues for municipal governments, including opportunities for improvement and recommendations are made. **(OPEN ACCESS)**

Age-Friendly and Dementia Friendly: Creating Inclusive, Supportive Communities, Together
http://chnet-works.ca/index.php?option=com_rsevents&view=events&layout=show&cid=415%3A&Itemid=25&lang=en

This webpage includes resources from a webinar where presenters highlighted the linkages between age-friendly and dementia friendly communities and how the age-friendly model can support people with dementia and their caregivers. **(OPEN ACCESS)**

An Evaluation Tool for Age-Friendly and Dementia Friendly Communities
https://www.ncbi.nlm.nih.gov/pmc/articles/PMC5989306/

This paper presents the findings of a pilot test the use of an evaluation tool designed to evaluate Age-Friendly Cities in the context of the Dementia Friendly Community (DFC) initiative of the city of Sheffield in the UK. **(OPEN ACCESS)**

Assets-Based Approaches and Dementia-Friendly Communities
https://journals.sagepub.com/doi/full/10.1177/1471301217751533?url_ver=Z39.88-2003&rfr_id=ori:rid:crossref.org&rfr_dat=cr_pub%3dpubmed

This article investigates the similarities between Dementia-Friendly and Age-Friendly initiatives. **(OPEN ACCESS)**

Dementia-Friendly Communities: Challenges and Strategies for Achieving Stakeholder Involvement   https://onlinelibrary.wiley.com/doi/abs/10.1111/hsc.12371

This paper critically assesses the challenges and strategies for achieving stakeholder involvement in Dementia-Friendly Communities. **(OPEN ACCESS)**

Interventions That Support the Creation of Dementia-Friendly Environments in Health Care: Protocol for a Realist Review
https://www.ncbi.nlm.nih.gov/pmc/articles/PMC4678533/

This review provided an explanatory model about how Dementia-Friendly interventions in hospital settings improve outcomes for people living with dementia and their family care-partners and in what circumstances for future testing and evaluation of future Dementia-Friendly initiatives. **(OPEN ACCESS)**

'Dementia-Friendly Communities' and Being Dementia Friendly in Healthcare Settings   https://www.ncbi.nlm.nih.gov/pmc/articles/PMC5287032/

This review discusses the concept of 'dementia-friendly communities' and summarizes the latest research and practice around such communities. It also highlights important topic areas to be considered to promote dementia friendliness in healthcare. **(OPEN ACCESS)**

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Designing Dementia-Friendly Hospital Environments
https://www.ncbi.nlm.nih.gov/pmc/articles/PMC6465876/
This paper describes relatively simple, cost-effective changes that can be made to the physical environments of care and the potential benefits for people with dementia. **(OPEN ACCESS)**

A Scoping Literature Review of Dementia-Friendly Hospital Design
https://academic.oup.com/gerontologist/article/57/4/e62/2452337
The authors report the findings of a knowledge synthesis research project on the topic of Dementia-Friendly acute care design. **(OPEN ACCESS)**

Know me – A new Person-Centered Approach for Dementia-Friendly Emergency Department Care
https://journals.sagepub.com/doi/abs/10.1177/1471301216675670?rfr_dat=cr_pub%3Dpubmed&url_ver=Z39.88-2003&rfr_id=ori%3Arid%3Acrossref.org&journalCode=dema
This article discusses the findings of a qualitative study investigating the feasibility of the structure format and content of eight hospital-readiness communication tools. **(PAID ACCESS)**

The Dementia-Friendly Emergency Department: An Innovation to Reducing Incompatibilities at the Local Level
https://journals.sagepub.com/doi/abs/10.1177/0840470416664532?rfr_dat=cr_pub%3Dpubmed&url_ver=Z39.88-2003&rfr_id=ori%3Arid%3Acrossref.org&journalCode=hmfa
The authors propose one way to improve communication between people with dementia who access emergency department services and those who provide those services. **(PAID ACCESS)**

Dementia Friendly Hospital Design: Key Issues for Patients and Accompanying Persons in an Irish Acute Care Public Hospital
https://journals.sagepub.com/doi/abs/10.1177/1937586719845120?rfr_dat=cr_pub%3Dpubmed&url_ver=Z39.88-2003&rfr_id=ori%3Arid%3Acrossref.org&journalCode=hera
This article presents the findings of research that was conducted to investigate the impact of the hospital environment on older people including patients with dementia and their care-partners. **(PAID ACCESS)**

Exploring the Impact of Dementia-Friendly Ward Environments on the Provision of Care: A Qualitative Thematic Analysis
https://journals.sagepub.com/doi/abs/10.1177/1471301216689402?rfr_dat=cr_pub%3Dpubmed&url_ver=Z39.88-2003&rfr_id=ori%3Arid%3Acrossref.org&journalCode=dema
This article discusses the findings of a qualitative study and includes recommendations. **(PAID ACCESS)**

Dementia Friendly Hospital Design
https://issuu.com/trinityhaus/docs/dfh-meath-foundation-final-report-l
This report describes initiatives in Ireland investigating Dementia-Friendly design for public acute care hospitals. **(OPEN ACCESS)**

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Dementia-Friendly Health and Social Care Environments
https://assets.publishing.service.gov.uk/government/uploads/system/uploads/attachment_data/file/416780/HBN_08-02.pdf
This publication provides guidance for anyone who is developing a new dementia service or are running or developing dementia services. **(OPEN ACCESS)**

Creating a Dementia-Friendly Environment Through the use of Outdoor Natural Landscape Design Intervention in Long-Term Care Facilities: A Narrative Review
https://www.sciencedirect.com/science/article/abs/pii/S1353829218309456?via%3Dihub
This narrative literature review synthesizes current knowledge on the effect of outdoor natural landscape design, which is aligned with the characteristics of a DFE, to improve agitation, apathy and engagement of people with dementia living in LTC facilities. **(OPEN ACCESS)**

Dementia Friendly Memory Institutions: Designing a Future for Remembering
https://jps.library.utoronto.ca/index.php/ijidi/article/download/32529/25592/
This information sheet is intended for interprofessional providers and overviews contributing factors, tips and treatment considerations. **(OPEN ACCESS)**

Making Homes More Dementia-Friendly Through use of Aids and Adaptations
https://www.ncbi.nlm.nih.gov/pmc/articles/PMC6473599/
The investigators found that the evidence on the association between health literacy and adherence in older adults is relatively weak and the evidence on health literacy interventions for vulnerable populations of older adults was limited. **(OPEN ACCESS)**

From Social Network to Safety net: Dementia-Friendly Communities in Rural Northern Ontario
https://journals.sagepub.com/doi/abs/10.1177/1471301213516118?rfr_dat=cr_pub%3Dpubmed&url_ver=Z39.88-2003&rfr_id=ori%3Arid%3Acrossref.org&journalCode=dema
The aim of this article was to explore and understand the context of dementia in rural northern communities in Ontario with an emphasis on understanding how Dementia-Friendly the communities were. **(OPEN ACCESS)**

Dementia-Friendly Interventions to Improve the Care of People Living with Dementia Admitted to Hospitals: A Realist Review
https://www.ncbi.nlm.nih.gov/pmc/articles/PMC5541590/
This review identifies features of programs and approaches to make healthcare delivery in secondary healthcare settings more dementia-friendly and provides a context-relevant understanding of how interventions achieve outcomes for people living with dementia. **(OPEN ACCESS)**

Dementia Friendly Initiatives: A State of the Science Review
https://journals.sagepub.com/doi/abs/10.1177/1471301217731433?rfr_dat=cr_pub%3Dpubmed&url_ver=Z39.88-2003&rfr_id=ori%3Arid%3Acrossref.org&journalCode=dema
The purpose of this review is to explore the current science of Dementia-Friendly initiatives, identify gaps, and inform future research. **(PAID ACCESS)**

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Scaling the Peaks Research Protocol: Understanding the Barriers and Drivers to Providing and Using Dementia-Friendly Community Services in Rural Areas – A Mixed Methods Study

https://www.ncbi.nlm.nih.gov/pmc/articles/PMC5905771/

The study described explored the expectations and experiences of those with dementia living in rural communities. **(OPEN ACCESS)**

Dementia-Friendly Design: Hogeweyk and Beyond

https://bjgp.org/cgi/pmidlookup?view=long&pmid=31147331

The author discusses how specific environmental design can impact quality of life and functioning for people with dementia. **(PAID ACCESS)**

Evidence Review of Dementia Friendly Communities

https://www.actondementia.eu/sites/default/files/2018-02/Work%20package%207%20-%20Evidence%20review%20of%20Dementia%20Friendly%20%20%20%20Communities.pdf

This report presents the findings of an evidence review which sought to identify best practice examples in relation to the development of Dementia-Friendly Communities (DFCs); provide a definition of DFCs; identify components of effective DFCs and develop a set of indicators to test success. **(OPEN ACCESS)**

Dementia Friendly Communities: Municipal Toolkit

http://www.dementiafriendlysaskatchewan.ca/assets/dfc_municipal_toolkit_web.pdf

This toolkit is intended to support municipalities and local government's efforts to make their communities more supportive of people with dementia. **(OPEN ACCESS)**

Dementia Friendly Communities Local Government Toolkit

https://alzheimer.ca/sites/default/files/files/bc/advocacy-and-education/dfc/dfc_toolkit_v.jan2016.pdf

This toolkit was developed to support local governments in British Columbia in their attempts to create dementia-friendly communities. The information contained in the toolkit can assist other communities in their efforts. **(OPEN ACCESS)**

Dementia Friendly Community Initiatives: An Integrative Review

https://onlinelibrary.wiley.com/doi/abs/10.1111/jocn.14746

This integrative literature review sought to synthesize international research conducted on dementia-friendly community initiatives. **(PAID ACCESS)**