



Continence & Older Adults

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CUA Guideline on Adult Overactive Bladder

<https://www.cua.org/themes/web/assets/files/4586.pdf>

This publication provides an introduction, overviews definitions and epidemiology, and discusses impact on psychosocial life and patients' quality of life, diagnosis and treatment. **(OPEN ACCESS)**

Urinary Incontinence in Women: A Review

<https://jamanetwork.com/journals/jama/fullarticle/2658327>

This review summarizes the evaluation and therapeutic options for women affected by urinary incontinence. **(OPEN ACCESS)**

A Systematic Literature Review of Incontinence Care for Persons with Dementia: The Research Evidence

<https://onlinelibrary.wiley.com/doi/abs/10.1111/j.1365-2702.2009.02958.x>

The aim of this study was to perform a systematic review of the literature on incontinence care in persons with dementia focusing on assessment/management and prevention. **(PAID ACCESS)**

Appropriateness of Oral Drugs for Long-Term Treatment of Lower Urinary Tract Symptoms in Older Persons: Results of a Systematic Literature Review and International Consensus Validation Process (LUTS-FORTA 2014)

<https://www.ncbi.nlm.nih.gov/pmc/articles/PMC4615806/pdf/afv077.pdf>

This systematic review aimed to classify appropriate and inappropriate drugs based on efficacy, safety and tolerability by using the Fit FOR The Aged (FORTA) classification. **(OPEN ACCESS)**

Urinary Incontinence in the Frail Elderly

<https://cgatoolkit.ca/Uploads/Documents/Urinary%20Incontinence%20in%20the%20Elderly.pdf>

This CME article introduces urinary incontinence (UI), its prevalence by age, epidemiology, risk factors, types of incontinence, assessment of UI in frail older persons, associated conditions, drugs that may predispose to urinary incontinence, what to cover in a continence history and physical examination, management and when to refer to a specialist. **(OPEN ACCESS)**

Evidence Profile: Urinary Incontinence

<https://www.who.int/ageing/health-systems/icope/evidence-centre/ICOPE-evidence-profile-urinary-incont.pdf>

This publication from the World Health Organization provides guidelines on community-level interventions to manage declines in intrinsic capacity. **(OPEN ACCESS)**

Management of Faecal Incontinence in Adults

<https://www.bmj.com/content/340/bmj.c2964>

The authors highlight the challenges of faecal incontinence, that it can be managed by non-specialists in the community and that treatment must be tailored to the individual. **(OPEN ACCESS)**

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Faecal Incontinence in Older People: Evaluation, Treatment and New Surgical Techniques

<https://www.cambridge.org/core/journals/reviews-in-clinical-gerontology/article/faecal-incontinence-in-older-people-evaluation-treatment-and-new-surgical-techniques/D4907F9A2F8134C3D0E4E3118418FD01>

This article argues that a comprehensive study of the type of incontinence and its presentation and severity, together with consideration of the general condition of the patient and their environment, are the keys that will decide the best treatment option. (PAID ACCESS)

Diarrhea and Malabsorption in the Elderly

<https://www.sciencedirect.com/science/article/pii/S0889855309000648?via%3Dihub>

This article provides a comprehensive overview of the scope of the problem of acute and chronic diarrheal disorders with guidance on the management of diarrhea and malabsorption in the elderly. (PAID ACCESS)

Anorectal Physiology and Pathophysiology in the Elderly

<https://www.ncbi.nlm.nih.gov/pmc/articles/PMC3910254/pdf/nihms538407.pdf>

The authors discuss the latest advances in age-related changes in anal sphincter morphology and function, changes in cellular and molecular biology, alterations in neurotransmitters and reflexes, and their impact on functional changes on the anorectum in the elderly. (OPEN ACCESS)

Reducing and Managing Faecal Incontinence in People with Advanced Dementia who are Resident in Care Homes: Protocol for a Realist Synthesis

<https://bmjopen.bmj.com/content/bmjopen/5/7/e007728.full.pdf>

The purpose of this review was to identify which elements of interventions could potentially be effective and to examine the barriers and facilitators to the acceptability, uptake and implementation of interventions designed to address FI in people with dementia who are resident in care homes. (OPEN ACCESS)

Correlates Among Nocturnal Agitation, Sleep, and Urinary Incontinence in Dementia

<https://www.ncbi.nlm.nih.gov/pmc/articles/PMC5921895/pdf/nihms820775.pdf>

The aims of this descriptive study were to examine the feasibility and acceptability of the use of body sensors in community-dwelling persons with dementia; describe patterns of nocturnal agitation, sleep continuity and duration, and nighttime urinary incontinence; and examine the relationships among nocturnal agitation, sleep continuity and duration, and nighttime urinary incontinence. (OPEN ACCESS)

Managing the Elderly with Urinary Incontinence and Dementia

<https://clinmedjournals.org/articles/iauc/international-archives-of-urology-and-complications-iauc-3-027.pdf>

This article reviews the common causes of UI among the elderly, especially the elderly with dementia and management strategies for UI among the elderly with dementia. (OPEN ACCESS)

Falls in the Elderly Secondary to Urinary Symptoms

<https://www.ncbi.nlm.nih.gov/pmc/articles/PMC4859925/>

This article discusses the epidemiology of falls and fractures and the urologic comorbidities that increase their risk. (OPEN ACCESS)