



Diversity & Inequality Considerations for Older Adults

Last reviewed December 2019

(In)Visible Minorities in Canadian Health Data and Research

<https://ir.lib.uwo.ca/cgi/viewcontent.cgi?article=1013&context=plc>

The authors of this report express that there seems to be a lack of data and research on the role of race or visible minority status on health in Canada, which leaves many questions about equitable access unanswered. As a result of the gaps in data and their research findings they provide two key recommendations. **(OPEN ACCESS)**

Potential Barriers to the use of Health Services Among Ethnic Minorities: A Review

<https://academic.oup.com/fampra/article/23/3/325/475515>

This paper aimed to present an overview of the potential barriers and the factors, which may restrict ethnic minority patients from using health services, according to the literature available. They warn against making generalizations and to look at the myriad of potential barriers for each individual. **(OPEN ACCESS)**

Equity and Social Determinants of Health Among Older Adults

<https://www.asaging.org/blog/equity-and-social-determinants-health-among-older-adults>

The author describes the history of the awareness of social inequalities which have an impact on health in America. Suggestions for reducing health inequities with prevention, addressing racial discrimination, economic considerations and issues related to health literacy are included. **(OPEN ACCESS)**

Health Inequalities Among Older Adults in Developed Countries: Reconciling

Theories and Policy Approaches <https://ir.lib.uwo.ca/cgi/viewcontent.cgi?article=1015&context=plc>

This article is aimed at policy makers and investigates issues involved in inequalities including pensions and long-term care. Insights from other countries are shared. **(OPEN ACCESS)**

Health Care and Aboriginal Seniors in Urban Canada: Helping a Neglected Class

<https://ir.lib.uwo.ca/iipj/vol2/iss1/10/>

This paper analyses the health care challenges facing Aboriginal seniors in urban Canada. The authors investigate which policy approaches are needed to improve their health and well-being. **(OPEN ACCESS)**

Cultural Understanding in the Provision of Supportive and Palliative Care:

Persepctives in Relation to an Indigenous Population

<https://www.ncbi.nlm.nih.gov/pmc/articles/PMC3621524/>

This article provides recommendations for non-Indigenous care providers which were reviewed and approved by Mikimaaq consultants. **(OPEN ACCESS)**

Diversity & Inequality Considerations for Older Adults

Identifying Barriers, Developing Solutions: Addressing the Health and Social Needs of Gay, Lesbian, Bisexual and Transgender Older Adults who Reside in Long-Term Care Homes <http://www.yorku.ca/lgbthome/documents/olderlgbtinfchomes.pdf>

This environmental scan highlights the limited published literature on this topic, especially in the Canadian context. Further research may help to reveal barriers and provide insights into how to address them. **(OPEN ACCESS)**

Race/Ethnicity and Health-Related Quality of Life Among LGBT Older Adults

https://academic.oup.com/gerontologist/article/57/suppl_1/S30/2904651

The findings of this study illustrate the importance of identifying both health-promoting and health risk factors to understand ways to maximize the health and potential of racially and ethnically diverse LGBT older adults. **(OPEN ACCESS)**

Improving Healthcare for LGBT Seniors

http://brainxchange.ca/Public/Files/LGBT-and-Dementia/RHO_Slides.aspx

This pdf presentation given by Rainbow Health Ontario (RHO) and Alzheimer Knowledge exchange provides an overview of the services RHO provides to address health disparities and how the disparities which exist impact the health of older adults. **(OPEN ACCESS)**

Health Status and Health Determinants of Older Immigrant Women in Canada: A Scoping Review <https://www.hindawi.com/journals/jar/2015/393761/>

The authors conducted a scoping review to examine the available literature on the health of older immigrant women in Canada. Their findings suggest that older immigrant women tend to have more health problems, underutilize preventative services, such as cancer screening, and experience more difficulties in accessing healthcare services. **(OPEN ACCESS)**

Older Immigrants' Access to Primary Health Care in Canada: A Scoping Review

<https://www.ncbi.nlm.nih.gov/pubmed/30777582>

This article discusses the intertwining barriers to access and utilization of primary care, health promotion and cancer screening and utilization of mental health services. **(PAID ACCESS)**

Barriers to Access to Primary Healthcare by Immigrant Populations in Canada: A Literature Review <https://link.springer.com/article/10.1007%2Fs10903-015-0276-z>

The authors discuss the barriers related to culture, communication, socio-economic status, health care system structure and immigrant knowledge for Immigrant groups in Canada. **(PAID ACCESS)**

Mental Health and Service Issues Face by Older Immigrants in Canada: A Scoping Review <https://www.cambridge.org/core/journals/canadian-journal-on-aging-la-revue-canadienne-du-vieillessement/article/mental-health-and-service-issues-faced-by-older-immigrants-in-canada-a-scoping-review/B217936E16AC1302F5FECDF8F31B3F55>

This review focused on what is known about the social determinants of mental health for older immigrants in Canada and what are their barriers in accessing mental health services. **(PAID ACCESS)**