Housing & Assisted Living for Seniors

Last reviewed January 2020

Housing Options for People Living with Dementia – Volume 1

https://www.cmhc-schl.gc.ca/en/data-and-research/publications-and-reports/housing-options-for-people-living-with-dementia-volume-1

This guide by the Canada Mortgage and Housing Corporation examines housing options design to meet the needs of people living with dementia. Support services and environmental design are discussed. **(OPEN ACCESS)**

Housing Options for People Living with Dementia – Volume 2

https://www.cmhc-schl.gc.ca/en/data-and-research/publications-and-reports/housing-options-for-people-living-with-dementia-volume-2

This volume discusses support services available to support persons with dementia and their carepartners. Guidance on planning, establishing, managing and operating supportive community-based housing for persons living with dementia are included. Four models are examined which address the health and well-being of persons living with dementia. **(OPEN ACCESS)**

The Presence of Memory-Enriched Environments for Cognitively Impaired Nursing Home Residents

https://www.tandfonline.com/doi/pdf/10.1080/02763893.2019.1597802?redirect=1

This purpose of the research described was to evaluate the degree to which environments containing memory-stimulating cues were cognitively stimulating for older adults with dementia. **(PAID ACCESS)**

Factors Influencing Family-Member Perception of "Homelikeness" in Long-Term Care Homes https://www.tandfonline.com/doi/pdf/10.1080/02763893.2017.1335672?redirect=1

The objective of this article was to examine which physical characteristics were associated with increased family-member perception of homelikeness in long-term care homes. **(PAID ACCESS)**

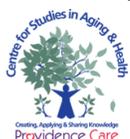### Sizing up Assisted Living: An Examination of Long-Term Care Ombudsman Complaint Data https://www.tandfonline.com/doi/abs/10.1080/01621424.2018.1474830?journalCode=whhc20

The authors discuss the findings of an analysis of Ombudsman complaint data and recommend strategies to better meet residents' needs. **(OPEN ACCESS)**

Abuse, Neglect and Exploitation in Assisted Living: An Examination of Long-Term Care Ombudsman Complaint Data

https://www.tandfonline.com/doi/abs/10.1080/08946566.2019.1590275?journalCode=wean20

The authors examined Ombudsman complaint data to explore factors that abuse, neglect and exploitation in assisted living and skilled nursing facilities. **(PAID ACCESS)**

Making Connections & Sharing Knowledge

Housing & Assisted Living for Seniors

Environmental Design That Supports Healthy Aging: Evaluating a New Supportive Living Facility https://www.tandfonline.com/doi/abs/10.1080/02763893.2015.1129380?journalCode=wjhe20
The evaluation discussed provides insights into how the built environment impacts seniors in residential living facilities, and the value of measuring examining person-environment fit. **(PAID ACCESS)**

The Home Environment and Disability-Related Outcomes in Aging Individuals: What is the Empirical Evidence https://academic.oup.com/gerontologist/article/49/3/355/752071
This review examines two questions: (1) What is the recent evidence supporting a relationship between home environments and disability-related outcomes? and (2) What is the recent evidence regarding the effects of home modifications on disability-related outcomes. **(OPEN ACCESS)**

Innovative Seniors Housing and Care Models: What we can Learn From the Netherlands https://creneaupaapa.uqam.ca/wp-content/uploads/2018/06/Innovative-seniors-housing-and-care-models_What-we-can-learn-from-the-Netherlands.pdf
This brief report highlights some innovative seniors housing and care practices from the Netherlands which use a community integration approach. **(OPEN ACCESS)**

Senior Co-Housing Communities in Denmark
https://www.tandfonline.com/doi/full/10.1080/02763893.2015.989770
This descriptive study reports the findings of a mixed-methods investigation among residents of senior co-housing communities in Denmark.**(PAID ACCESS)**

Low Income Immigrant and Refugee Seniors: Housing and Health Needs Assessment http://homewardtrust.ca/wp-content/uploads/2017/11/Keenan-2017.pdf
This report discusses a study which utilized a photovoice methodology. The author highlights a variety of findings. **(OPEN ACCESS)**

Formal Volunteering Among Vulnerable Older Adults from an Environmental Perspective: Does Senior Housing Matter?
https://www.tandfonline.com/doi/pdf/10.1080/02763893.2017.1335668?redirect=1
The authors focused on older individuals with low income who lived alone and examined the role of living in senior housing had on the likelihood of volunteering. **(PAID ACCESS)**

The Seniors' Outdoor Survey (SOS Tool): A Proposed Weighting and Scoring Framework to Assess Outdoor Environments in Residential Care Settings
https://www.tandfonline.com/doi/pdf/10.1080/02763893.2017.1393489?redirect=1
This article proposes a weighted strategy to approximate the relative importance of different items on the tool, according to their potential level of support for resident usage and preferences. (PAID ACCESS)

Housing Concepts for and by the Elderly: From Subjects of Design to a Design Resource https://www.tandfonline.com/doi/abs/10.1080/02763893.2016.1224792?journalCode=wjhe20
This study highlights that elderly people can be a resource for residential development and that this necessitates a different "design logic" than in conventional senior housing. **(OPEN ACCESS)**

Making Connections & Sharing Knowledge

Housing & Assisted Living for Seniors

Listen to the Elders: Design Guidelines for Affordable Multifamily Housing for the Elderly Based on Their Experiences
https://www.tandfonline.com/doi/full/10.1080/02763893.2018.1431585?src=recsys
This article discusses a study which sought to develop design guidelines to meet the specific living needs and desires of a specific aging population in the USA. **(PAID ACCESS)**

Innovations in Senior Housing: The Complete Guide to Cohousing
https://www.refbc.com/sites/default/files/Master_Resource%20Guide%20_Status-25%20October%202016_0.pdf
This guide is intended to inspire seniors or soon to be seniors who are seeking alternatives to conventional options to support their housing needs in aging. **(OPEN ACCESS)**

Initiating Senior Co-Housing: People, Place and Long-Term Security
https://www.tandfonline.com/doi/pdf/10.1080/02763893.2019.1583152?redirect=1
This article reports on a community-initiated research project investigating feasibility of affordable co-housing for seniors who wished to age in their community. **(PAID ACCESS)**

Integenerational Housing: The Case of Humanitas Netherlands
https://www.tandfonline.com/doi/full/10.1080/02763893.2018.1561592
The authors analyzed a case study of an innovative intergenerational housing arrangement in the Netherlands. **(OPEN ACCESS)**

Homes that Help: A Personal and Professional Perspective on Home Adaptations
https://www.ageing-better.org.uk/sites/default/files/2018-07/Homes-that-help-research.pdf
This report summarizes the findings of a primary research project exploring the lived experiences of individuals who use home adaptations, and practitioners who work alongside them. **(OPEN ACCESS)**

Participation in Everyday Life Before and After a Housing Adaptation
https://www.tandfonline.com/doi/full/10.1080/02763893.2018.1451800
This study aimed to explore housing adaptation clients' experiences of participation in everyday life before and after a housing adaption. **(OPEN ACCESS)**

"What? That's for old People, that." Home Adaptations, Ageing and Stigmatisation: A Qualitative Inquiry https://www.mdpi.com/1660-4601/16/24/4989
The authors sought to better understand older people's experiences and perspectives of living with home adaptations. **(OPEN ACCESS)**

Digital Technology to Enable Aging in Place
https://www.sciencedirect.com/science/article/pii/S053155651630376X?via%3Dihub
The authors discuss the opportunities and challenges associated with technology use to support older adults' age in place. **(PAID ACCESS)**

Lived Experience, Stakeholder Evaluation and the Participatory Design of Assisted Living Technology http://www.tara.tcd.ie/handle/2262/81898
This paper presents the theoretical and methodological framework underpinning the advancement of new technology enabling seniors domicile in residential homes to live with independence, quality of life and dignity. **(OPEN ACCESS)**

Housing & Assisted Living for Seniors

Matching Gerontechnologies to Independent-Living Seniors' Individual Needs: Development of the GTM Tool https://www.ncbi.nlm.nih.gov/pmc/articles/PMC6329159/
The authors discuss the challenges in finding the appropriate technology for seniors aging in place needs. **(OPEN ACCESS)**

Framing the Evidence for Health Smart Homes and Home-Based Consumer Health Technologies as a Public Health Intervention for Independent Aging: A Systematic Review https://www.sciencedirect.com/science/article/abs/pii/S1386505613000658?via%3Dihub
The authors conducted a systematic review to assess the effectiveness of health smart homes and home-based consumer health technologies to support the independence of older adults. **(PAID ACCESS)**

Aging in Place Design Guidelines: For Independent Living in Multifamily Buildings
https://www.enterprisecommunity.org/resources/aging-place-design-guidelines-18245
This handbook created by Enterprise Green Communities includes guidelines for housing owners to better assess and respond to the needs of aging residents. **(OPEN ACCESS)**

Factors Influencing Acceptance of Technology for Aging in Place: A Systematic Review https://www.sciencedirect.com/science/article/pii/S1386505614000173?via%3Dihub
This article provides an overview of factors which influence the acceptance of electronic technology to support aging in place and compares implementation factors, results as well as recommendations for future research. **(OPEN ACCESS)**

Older Adults' Reasons for Using Technology While Aging in Place
https://www.karger.com/Article/FullText/430949
This objective of this article was to explore which factors influence the level of use of various types of technology by older adults who are aging in place. **(OPEN ACCESS)**

Aging in Place Success Stories
https://www.cmhc-schl.gc.ca/en/developing-and-renovating/accessible-adaptable-housing/aging-in-place/aging-in-place-success-stories
This webpage showcases innovative examples from municipalities, seniors' associations and developers. **(OPEN ACCESS)**

The Quality of Life of Older People Aging in Place: A Literature Review
https://link.springer.com/article/10.1007%2Fs11136-017-1651-0
This article describes a literature review undertaken to determine whether the actual assessment of quality of life can be used within aging in place. **(PAID ACCESS)**

Social Support Networks and Expectations for Aging in Place and Moving
https://journals.sagepub.com/doi/10.1177/0164027511400631
This study investigated the relationship of social support networks with expectations for aging in place and moving in a sample of relatively healthy community-dwelling older adults. **(PAID ACCESS)**

Making Connections & Sharing Knowledge

Housing & Assisted Living for Seniors

Mapping Aging in Place in a Changing Neighbourhood http://neighbourhoodchange.ca/wp-content/uploads/2011/06/McDonald-2008-Aging-in-Place-neighbourhoods.pdf

This report describes a project undertaken in Toronto to engage with older adults to map how well a specific neighbourhood was equipped to support aging in place, identify barriers and strategies to enhance the livability of the community. **(OPEN ACCESS)**

HomeStars Insight Forum 2017 Aging in Place Report

https://cdn.homestars.com/assets/marketing/HomeStars-Insights-Forum+–+2017-Aging-in-Place-Report.pdf

This report uncovers Canadian's perspectives on aging and future planning. It includes recommendations to assist older Canadians to thrive in place. **(OPEN ACCESS)**

Community-Based Models for Aging in Place

https://www.air.org/system/files/downloads/report/Community-Based-Models-for-Aging-in-Place-Nov-2016.pdf

This brief provides an introduction to the topic of Aging in Place and provides examples of housing options. **(OPEN ACCESS)**

Perceived Safety in Extra-Care Housing for Senior Residents

https://www.tandfonline.com/doi/pdf/10.1080/02763893.2017.1393487?redirect=1

The perception of safety among residents living in extra-care housing in Sweden was explored using in-depth interviews. **(OPEN ACCESS)**

Housing in Old Age: Dynamical Interactions Between Neighborhood Attachment, Neighbor Annoyance, and Residential Satisfaction

https://www.tandfonline.com/doi/pdf/10.1080/02763893.2017.1335671?redirect=1

This article describes the findings of a one year study which examined whether or not changes in residential satisfaction with neighbourhood attachment and neighbour annoyance. **(PAID ACCESS)**

Living in a Retirement Village: Choice, Contracts, and Constraints

https://www.tandfonline.com/doi/pdf/10.1080/02763893.2017.1280580?redirect=1

This article proposes that residents place financial and legal obligations at the forefront when considering relation and during residency but there is variation in the professional advice and constraints when needs and capacity change. **(PAID ACCESS)**

The Residential Mobility of Seniors Among Different Residential Forms: Analysis of Metropolitan and Rural Issues for Six Contrasted Regions in Quebec, Canada

https://www.tandfonline.com/doi/pdf/10.1080/02763893.2017.1393488?redirect=1

The purpose of this study was to describe and analyze the residential mobility of senior citizens among different residential forms in rural and metropolitan areas in Quebec. **(OPEN ACCESS)**

Active and Assisted Living Ecosystem for the Elderly

https://www.ncbi.nlm.nih.gov/pmc/articles/PMC5948742/

The authors present a novel ecosystem to promote the physical, emotional and psychic health and well-being of the elderly. **(OPEN ACCESS)**

Housing & Assisted Living for Seniors

Perceived Neighbourhood Safety, Social Cohesion, and Psychological Health of Older Adults https://academic.oup.com/gerontologist/article/58/1/196/2894397
The authors investigated both neighbourhood and home as socio-spatial realms of older adults and explored the relationship between health and place. They also looked at objective and subjective measures and their associations with cognition. **(OPEN ACCESS)**

Housing for the Elderly: Addressing Gaps in Knowledge Through the Lens of Age-Friendly Communities https://www.tandfonline.com/doi/full/10.1080/02763893.2017.1309936?src=recsys
This review was intended to provide a roadmap for future researchers, administrators, clinicians and policy makers. **(PAID ACCESS)**

Meaning of Home in Later Life as a Concept to Understand Older Adults' Housing Needs: Results from the 7 Age-Friendly Cities Pilot Project in Quebec
https://www.tandfonline.com/doi/abs/10.1080/02763893.2014.930367
The authors provide an overview of older adult's perspectives on the meaning of home and their housing needs. Implications for decision makers and stakeholders are included. **(PAID ACCESS)**

The Needs of Elders in Public Housing: Policy Considerations in the Era of Mixed-Income Redevelopment
https://www.tandfonline.com/doi/abs/10.1080/08959420.2013.792683
This article investigated the resettlement of elder residents to provide recommendations to support aging in place for elders living in poverty. **(PAID ACCESS)**

Seniors and Housing: The Challenge Ahead
https://uwaterloo.ca/canadian-index-wellbeing/sites/ca.canadian-index-wellbeing/files/uploads/files/seniors_and_housing-the_challenge_ahead.pdf
This report explores the questions of seniors' housing and transportation expectations and needs in the years to come in Canada. **(OPEN ACCESS)**

Report on Housing Needs of Seniors
http://www12.esdc.gc.ca/sgpe-pmps/servlet/sgpp-pmps-pub?lang=eng&curjsp=p.5bd.2t.1.3ls@-eng.jsp&curactn=dwnld&pid=68523&did=5577
This report provides an overview of seniors' housing needs in Canada including examples of Canadian and international initiatives. **(OPEN ACCESS)**

Senior's Housing Report: 2019
https://www.cmhc-schl.gc.ca/en/data-and-research/publications-and-reports/seniors-housing-report
This webpage shares reports which include provincial highlights and data on housing in different regions across Canada. **(OPEN ACCESS)**

"The Older I Get, the Colder I Get" – Older People's Perspectives on Coping in Cold Homes https://www.tandfonline.com/doi/pdf/10.1080/02763893.2019.1567642?redirect=1
The authors interviewed older adults in the UK who struggled to maintain health and manage their homes. **(PAID ACCESS)**

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