



Supporting Aging in Place

Last reviewed December 2019

Strategies for Aging in Place: The Experience of Language-Minority Seniors With Loss of Independence

https://www.chaire-droits-aines.ulaval.ca/sites/chaire-droits-aines.ulaval.ca/files/dupuis-blanchard_gould_gibbons_simard_ethier_et_villalon_2015.pdf

This article describes the findings of a qualitative descriptive study exploring strategies that French-speaking older Canadians have put into place to counter the loss of independence and support their ability to age in place. (OPEN ACCESS)

Preliminary Data from Community Aging in Place, Advancing Better Living for Elders, a Patient-Directed, Team-Based Intervention to Improve Physical Function and Decrease Nursing Home Utilization

<https://onlinelibrary.wiley.com/doi/full/10.1111/jgs.13245>

This article describes the CAPABLE model which aims to support older adults to age in place. (OPEN ACCESS)

Community-Based Models for Aging in Place

<https://www.air.org/system/files/downloads/report/Community-Based-Models-for-Aging-in-Place-Nov-2016.pdf>

This brief provides an introduction to the topic of Aging in Place and provides examples of housing options. (OPEN ACCESS)

Livable Community Indicators for Sustainable Aging in Place

https://www.giaging.org/documents/mmi-livable-communities-study_2013.pdf

This American publication discusses a collaborative initiative which resulted in the development of a list of indicators that can be measured using information that is readily available and adaptable to local governments, providing low-cost ways for governments to begin to examine the specific needs of their aging population. These indications reflect a framework of how livable community characteristics influence aging in place. (OPEN ACCESS)

Healthy Aging and Age-Friendly Community Initiatives

<https://academic.oup.com/ppar/article/25/2/43/1500738>

This American article seeks to summarize research, practice and policy on community initiatives from the field of aging and beyond. It addresses questions regarding the ways in which communities can affect healthy aging, what age-friendly community initiatives (AFCIs) are, and an overview of past and potential efforts within the U.S. government to support community change processes on behalf of our rapidly aging society. (OPEN ACCESS)

The Meaning of “Aging in Place” to Older People

<https://academic.oup.com/gerontologist/article/52/3/357/580905>

This study investigated older adults perceptions of aging through a variety of lenses. (OPEN ACCESS)



Making Connections & Sharing Knowledge



Supporting Aging in Place

Advancing Inclusion and Quality of Life for Canada's Seniors: A Nursing Perspective on Healthy Aging

<https://www.ourcommons.ca/Content/Committee/421/HUMA/Brief/BR9240516/br-external/HealthPolicyGraduateStudentsTrinityWesternUniversity-e.pdf>

This submission to the Standing Committee on Human Resources and Social Development and the Status of Persons with Disabilities (HUMA) overviews recommendations to support aging well in place, age-friendly communities and dying well. **(OPEN ACCESS)**

A New Vision for Aging at Home

<https://www.carp.ca/wp-content/uploads/2012/04/A-New-Vision-for-Aging-At-Home-2012.pdf>

This publication calls for a new vision for aging at home that addresses the diversity of needs and challenges that Canadians may experience that also contributes towards building a sustainable healthcare system. **(OPEN ACCESS)**

Receiving Care at Home

https://www150.statcan.gc.ca/n1/en/pub/89-652-x/89-652-x2014002-eng.pdf?st=OUUVIG_L

This paper focuses on the statistics regarding receiving care at home in Canada from the General Social Survey. **(OPEN ACCESS)**

Healthy Aging in Place: Improving Rural and Northern Aboriginal Seniors' Health Through Policy and Community Level Interventions (2011-2014)

<https://spheru.ca/research-projects/projects/individual-project/healthy-aging-in-place.php>

This webpage includes information on research seeking to identify the policy, community and kin-level interventions that influence health outcomes for rural and northern Aboriginal and non-Aboriginal seniors; and to create an assessment framework to monitor the range and impact of these interventions in supporting seniors' health outcomes in rural and northern areas. **(OPEN ACCESS)**

Building Older Adults' Resilience by Bridging Public Health and Aging-in-Place Efforts

https://www.rand.org/content/dam/rand/pubs/tools/TL200/TL282/RAND_TL282.pdf

This toolkit contains information and activities that can bring together those involved in aging-in-place support and those involved in disaster resilience efforts to improve the resilience of older adults to natural and human-caused disasters. **(OPEN ACCESS)**

Aging in Place: A Toolkit for Local Governments

https://www.ca-ilg.org/sites/main/files/file-attachments/resources__aginginplace.pdf

This toolkit is designed to help municipalities to plan to support their older population to age in place. It includes examples and techniques for coordination and their cost effectiveness. **(OPEN ACCESS)**

Age-Friendly Communities: Are we Expecting too Much?

<http://irpp.org/wp-content/uploads/2014/02/insight-no5.pdf>

This issue of IRPP insight discusses the importance of the environment in successful aging. **(OPEN ACCESS)**

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Community Innovations for Aging in Place (CIAIP) Final Report

http://www.ciaip.org/docs/final_grantee_report.pdf

This report defines and provides a background on Aging in Place and the Community Innovations for Aging in Place initiative. (OPEN ACCESS)

Mapping Aging in Place in a Changing Neighbourhood

<http://neighbourhoodchange.ca/wp-content/uploads/2011/06/McDonald-2008-Aging-in-Place-neighbourhoods.pdf>

This report describes a project undertaken in Toronto to engage with older adults to map how well a specific neighbourhood was equipped to support aging in place, identify barriers and strategies to enhance the livability of the community. (OPEN ACCESS)

HomeStars Insight Forum 2017 Aging in Place Report

<https://cdn.homestars.com/assets/marketing/HomeStars-Insights-Forum+--2017-Aging-in-Place-Report.pdf>

This report uncovers Canadian's perspectives on aging and future planning. It includes recommendations to assist older Canadians to thrive in place. (OPEN ACCESS)

Aging in Place in Gentrifying Neighbourhoods: Implications for Physical and Mental Health

<https://academic.oup.com/gerontologist/article/58/1/26/4049431?searchresult=1>

This article discusses the need for neighbourhood-level interventions and relocation support for older adults to help promote and support health in later life. (OPEN ACCESS)

Perceived Neighbourhood Safety, Social Cohesion, and Psychological Health of Older Adults

<https://academic.oup.com/gerontologist/article/58/1/196/2894397>

The authors investigated both neighbourhood and home as socio-spatial realms of older adults and explored the relationship between health and place. They also looked at objective and subjective measures and their associations with cognition. (OPEN ACCESS)

Cognition in the Context: The Role of Objective and Subjective Measures of Neighbourhood and Household in Cognitive Functioning in Later Life

<https://academic.oup.com/gerontologist/article/58/1/159/3897126>

The authors investigated both neighbourhood and home as socio-spatial realms of older adults and explored the relationship between health and place. They also looked at objective and subjective measures and their association with cognition. (OPEN ACCESS)

Older Adults with Hoarding Behaviour Aging in Place: Looking to a Collaborative Community-Based Planning Approach for Solutions

<https://www.hindawi.com/journals/jar/2012/205425/>

This paper discusses research which examines how a collaborative community approach can promote successful aging in place for older adults who engage in hoarding behaviour. (OPEN ACCESS)

Current and Emerging Issues Facing Older Canadians

<https://ifa.ngo/wp-content/uploads/2012/12/current-and-emerging-issues-facing-older-canadians-final-report-30-march-2012.pdf>

This report examines the issues of ageing in place, caregiver support, an ageing workforce, health care sustainability, social inclusion and activity, elder abuse and ageism. (OPEN ACCESS)

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Thinking About Your Future? Plan now to Age in Place

<https://www.canada.ca/content/dam/esdc-edsc/documents/corporate/seniors/forum/paip-cl.pdf>

This handout describes aging in place and its benefits. It includes a checklist to help individuals to assess their readiness and preferences in a variety of domains. (OPEN ACCESS)

Aging in Place Design Guidelines: For Independent Living in Multifamily Buildings

<https://www.enterprisecommunity.org/resources/aging-place-design-guidelines-18245>

This handbook created by Enterprise Green Communities includes guidelines for housing owners to better assess and respond to the needs of aging residents. (OPEN ACCESS)

Age-Friendly Communities: The Movement to Create Great Places to Grow up and Grow old in America

https://www.giaging.org/documents/130402_GIA_AFC_Primer.pdf

This publication provides a comprehensive overview of the benefits of age-friendly communities in America, including supporting aging in place. (OPEN ACCESS)

Aging in Place Success Stories

<https://www.cmhc-schl.gc.ca/en/developing-and-renovating/accessible-adaptable-housing/aging-in-place/aging-in-place-success-stories>

This webpage showcases innovative examples from municipalities, seniors' associations and developers. (OPEN ACCESS)

Factors Influencing Acceptance of Technology for Aging in Place: A Systematic Review

<https://www.sciencedirect.com/science/article/pii/S1386505614000173?via%3Dihub>

This article provides an overview of factors which influence the acceptance of electronic technology to support aging in place and compares implementation factors, results as well as recommendations for future research. (OPEN ACCESS)

Digital Technology to Enable Aging in Place

<https://www.sciencedirect.com/science/article/pii/S053155651630376X?via%3Dihub>

The authors discuss the opportunities and challenges associated with technology use to support older adults' age in place. (PAID ACCESS)

The Quality of Life of Older People Aging in Place: A Literature Review

<https://link.springer.com/article/10.1007%2Fs11136-017-1651-0>

This article describes a literature review undertaken to determine whether the actual assessment of quality of life can be used within aging in place. (PAID ACCESS)

“What? That’s for old People, that.” Home Adaptations, Ageing and Stigmatisation: A Qualitative Inquiry

<https://www.mdpi.com/1660-4601/16/24/4989>

The authors sought to better understand older people's experiences and perspectives of living with home adaptations. (OPEN ACCESS)

Social Support Networks and Expectations for Aging in Place and Moving

<https://journals.sagepub.com/doi/10.1177/0164027511400631>

This study investigated the relationship of social support networks with expectations for aging in place and moving in a sample of relatively healthy community-dwelling older adults. (PAID ACCESS)