

OUT AT HOME

Using research-based film to improve the care of
older LGBTQ people aging at home

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July 29, 2020

Our Team



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Agenda

1. Introductions
2. **What does the literature say about older LGBTQ adults and home care?**
3. **Development of the research-based film**
4. **Screening**
5. **Next steps**
6. **Discussion / questions**

Research Background

- LGBTQ people experience marked **health inequities and barriers in access to good quality care** due to stigma and discrimination associated with sexual and gender diversity:
 - **Homophobia**
 - **Transphobia**
 - **Heterosexism**
- **Older LGBTQ people** are particularly vulnerable due to lifetime of **oppression**.
 - Less likely to disclose sexual orientation or gender identity.
 - May live “double lives” where only those closest to them know their sexual orientation or gender identity.

Research Background

- **Stigma and discrimination** can result in avoidance of health care.
- When using home care older LGBTQ adults may experience **fear and invisibility** if they do not “come out” to providers and **subtle and overt discrimination** if they do.



30%

Of LGBTQ home care users feared their home care provider wouldn't touch them if they knew they were LGBTQ. (Daley et al., 2015)

Research Background

90%

- Of home care providers received no formal education on LGBTQ health.
- For the 10% who received education, health needs of older LGBTQ adults was among the least-covered topics.
- **Knowledge translation gap:** Providers may not have necessary awareness and skill to recognize and support older LGBTQ adults.
 - Gaps in formal curriculum/professional training.
 - Limited opportunity for “on the job” training in home care sector.

Research Background

Existing educational resources tend to:

- Take place in a single session.
 - Be risk-focused and favour teaching of LGBTQ vocabulary over practical skills.
 - Not address stigma or foster critical reflection and empathy.
- **This can reinforce, rather than challenge, personal bias or stigma regarding older LGBTQ adults.**

Arts-based knowledge translation

- The arts (e.g. film, drama) offer a novel approach for bridging research and practice knowledge gaps.
- Engages audiences on both an affective and cognitive level which is central to effecting practice change.
- Nurtures empathy while providing knowledge.

Out at Home

CIHR Knowledge Translation Grant Funding to support LGBTQI2S health and wellness:

To develop a short research-based film to enhance knowledge of the home care needs and experiences of older LGBTQ adults and the capacity of care providers to support this population.



Development of Out at Home

- Creative and iterative process to develop the film:
 - Engaged with home care providers, educators, and older LGBTQ adults to to:
 - Narrow in on the focus of the video.
 - Get ideas for the script.
 - Feedback on the content and other aspects of the film.
 - Developed dramatized scenarios grounded in the research evidence and the specific practice context.
 - Worked with a professional media company.



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Next Steps

Translation and captioning

Broadening audience

Formal evaluation

Developing companion resources

Discussion / Questions

Contact:

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