



## Age-Friendly Communities

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### Age-Friendly Community Initiatives: Conceptual Issues and Key Questions

<https://academic.oup.com/gerontologist/article/55/2/191/658089>

This paper describes a conceptual overview of age-friendly community initiatives (AFCIs) and posits four key policy-relevant questions, including what public policy supports are necessary for the implementation of AFCIs across diverse communities, how entities outside of aging can be engaged to collaborate, to what extent advocates for various models can work together, and how the outcomes of these initiatives can be rigorously evaluated. **(OPEN ACCESS)**

### Age-Friendly Communities Initiative: Public Health Approach to Promoting Successful Aging

<https://www.sciencedirect.com/science/article/abs/pii/S1064748116301993?via%3Dihub>

This article provides a brief historical background, discusses the conceptualization of the AFC, offers a list of criteria, narrates case studies of AFCs in various stages of development, and suggests solutions to common challenges to becoming age-friendly.

### Age-Friendly Communities Matter for Older People's Well-Being

<https://link.springer.com/article/10.1007/s10902-017-9923-5>

The authors identify relationships between age-friendly environments (in terms of social and physical neighborhood attributes) and older people's overall well-being, as well as the underlying instrumental goals to achieve overall well-being. **(OPEN ACCESS)**

### The Age-Friendly Health System Imperative

<https://onlinelibrary.wiley.com/doi/full/10.1111/jgs.15076>

The authors discuss current prototyping for new ways of addressing the complex and interrelated needs of older adults that provide promise for a more effective, patient-directed and safer healthcare system. **(OPEN ACCESS)**

### Canadian policy perspectives on promoting physical activity across age-friendly communities: lessons for advocacy and action

<https://www.cambridge.org/core/journals/ageing-and-society/article/canadian-policy-perspectives-on-promoting-physical-activity-across-agefriendly-communities-lessons-for-advocacy-and-action/B0CDC47BAF25D52A1CAD23B32A520335>

In Canada, a substantial proportion of older adults live outside large urban municipalities, for which scant research exists on fostering age-friendly built environments. Authors present key lessons for advocacy and action, namely pursuing comprehensive planning, promoting public engagement and prioritising the needs of older adults.

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### **Capturing how age-friendly communities foster positive health, social participation and health equity: a study protocol of key components and processes that promote population health in aging Canadians**

<https://bmcpublichealth.biomedcentral.com/articles/10.1186/s12889-017-4392-7>

In this paper authors describe and compare age-friendly key components of communities across Canada, identify key components best associated with positive health, social participation and health equity of aging adults, and explore how these key components foster positive health, social participation and health equity. **(OPEN ACCESS)**

### **Emergent Challenges and Opportunities to Sustaining Age-friendly Initiatives: Qualitative Findings from a Canadian Age-friendly Funding Program**

<https://www.tandfonline.com/doi/full/10.1080/08959420.2019.1636595>

Age-friendly initiatives often are motivated by a single funding injection from national or sub-national governments, frequently challenging human and financial resources at the community level. To address this problem, this paper examines the challenges and opportunities to sustaining age-friendly programs in the context of a Canadian age-friendly funding program.

### **Links between social environment and health care utilization and costs**

<https://www.tandfonline.com/doi/full/10.1080/01634372.2018.1433737>

This paper explores which elements of the social environment distinguish communities that achieve lower health care utilization and costs from communities that experience higher health care utilization and costs for older adults with complex needs.

### **Loneliness and Social Isolation as Risk Factors for Mortality: A Meta-Analytic Review**

<https://journals.sagepub.com/doi/10.1177/1745691614568352>

Actual and perceived social isolation are both associated with increased risk for early mortality. In this meta-analytic review, authors aim to establish the overall and relative magnitude of social isolation and loneliness and to examine possible moderators.

### **Moving Toward a Global Age-Friendly Ecosystem**

<https://onlinelibrary.wiley.com/doi/full/10.1111/jgs.16675>

The authors discuss how an age-friendly ecosystem may help address the social inequalities that uncovered by a revolution in longevity. **(OPEN ACCESS)**