



Frailty in Older Adults

Last reviewed December 2020

Chronic Pain and Frailty in Community-Dwelling Older Adults: A Systematic Review

<https://pubmed.ncbi.nlm.nih.gov/31103515/>

The aim of this systematic review was to analyze the relationship between chronic pain and frailty in community-dwelling older adults. (PAID ACCESS)

Co-existence of social isolation and homebound status increase the risk of all-cause mortality

<https://pubmed.ncbi.nlm.nih.gov/30022745/>

The aim of this report was to study social isolation and being homebound as risk factors for physical and mental frailty, and for all-cause mortality. (PAID ACCESS)

Exercise and/or Dietary Varieties and Incidence of Frailty in Community-Dwelling Older Women: A 2-Year Cohort Study

<https://pubmed.ncbi.nlm.nih.gov/31021359/>

This is a two-year prospective cohort study that examined the associations between exercise and/or dietary varieties and incidence of frailty in community-dwelling older women. (PAID ACCESS)

Influence of fall environment and fall direction on risk of injury among pre-frail and frail adults

<https://pubmed.ncbi.nlm.nih.gov/31377914/>

This prospective study assessed how fall direction and environment impact the risk of injury and fractures in community-dwelling pre-frail and frail older adults. (PAID ACCESS)

Multicomponent Frailty Assessment Tools for Older People with Psychiatric Disorders: A Systematic Review

<https://pubmed.ncbi.nlm.nih.gov/30589075/>

This systematic literature review was conducted to examine the evidence regarding the use of multicomponent frailty assessment tools in assessing frailty in older adults with psychiatric disorders. (PAID ACCESS)

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The Canadian Frailty Priority Setting Partnership: Research Priorities for Older Adults Living with Frailty

<https://www.ncbi.nlm.nih.gov/pmc/articles/PMC6707135/>

This study engaged older adults with lived or clinical experience of frailty through surveys, to develop research priorities for care, support and treatment of older adults living with frailty. (OPEN ACCESS)

The effect of protein supplements on functional frailty in older persons: A systematic review and meta-analysis

<https://www.sciencedirect.com/science/article/pii/S0167494319301815>

The investigators of this systematic and meta-analysis of randomized controlled trials aimed to determine the effect of protein supplementation on muscle mass, strength and function in frail older adults. (OPEN ACCESS)

The Relationship Between Depression and Frailty in Community - Dwelling Older People: A Systematic Review and Meta - Analysis of 84,351 Older Adults

<https://pubmed.ncbi.nlm.nih.gov/31328878/>

The aim of this study was to study the correlation between depression and frailty in older adults. The investigators of this study conducted a differential analysis in relation to study design, region, depression indices, frailty indices, covariance corrections, and sex. (PAID ACCESS)