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## Cannabis Use & Older Adults

Last reviewed July 2021

### Effects of medical and non-medical cannabis use in older adults: protocol for a scoping review

<https://bmjopen.bmj.com/content/bmjopen/10/2/e034301.full.pdf>

This scoping reviews aims to determine the existing evidence on beneficial and harmful effects of medical and non-medical cannabis use in adults >50 years of age. (OPEN ACCESS)

### A Systematic Review of the Neurocognitive Effects of Cannabis Use in Older Adults

<https://www.ncbi.nlm.nih.gov/pmc/articles/PMC7259587/>

In this systematic review, the authors examine cognitive outcomes associated with cannabis use in older adults aged 50+ with and without neurocognitive disorders. (OPEN ACCESS)

### Characteristics and Patterns of Marijuana Use in Community-Dwelling Older Adults

<https://www.ncbi.nlm.nih.gov/pmc/articles/PMC6476562/>

In this study, the authors investigate the trends in marijuana use among community-dwelling older adults in Colorado. (OPEN ACCESS)

### Older adults' marijuana use, injuries, and emergency department visits

<https://www.tandfonline.com/doi/full/10.1080/00952990.2017.1318891>

The purpose of this study was to determine whether marijuana use is associated with the likelihood of emergency department visits due to increased injury risk, and if marijuana use patterns are associated with injury risk and emergency department visits among older adults. (OPEN ACCESS)

### Exploring New Use of Cannabis among Older Adults

<https://www.tandfonline.com/doi/abs/10.1080/07317115.2020.1746720>

The purpose of this study was to address the following research question: "what are community-dwelling older adults experiences of using cannabis for the first-time in later life". (PAID ACCESS)

### Risk Factors for Cannabis-Related Mental Health Harms in Older Adults: A Review

<https://www.tandfonline.com/doi/full/10.1080/07317115.2020.1808134>

This paper explores cannabis use and mental health harms in older adults and outlines potential contributing factors and special clinical considerations for working with this population. (PAID ACCESS)

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### Trends in Cannabis Use Among Older Adults in the United States, 2015-2018

<https://www.ncbi.nlm.nih.gov/pmc/articles/PMC7042817/>

In this study, the researchers examine the most recent national trends in cannabis use to determine whether cannabis use has continued to increase among older adults and the differences in use among subgroups of older adults. (OPEN ACCESS)

### Medical Cannabis Use: Exploring the Perceptions and Experiences of Older Adults with Chronic Conditions

<https://www.tandfonline.com/doi/abs/10.1080/07317115.2020.1853299>

The purpose of this study was to investigate older adults' perceptions and experiences of medical cannabis use to treat and/or manage chronic conditions. (PAID ACCESS)

### The Straight Dope on Cannabis and Older People

<https://www.ryerson.ca/content/dam/crncc/knowledge/infocus/factsheets/InFocus-Marijuana.pdf>

This edition of In Focus investigates some of the highs and lows of cannabis use among older people. (OPEN ACCESS)

### Cannabis for Symptom Management in Older Adults

<https://pubmed.ncbi.nlm.nih.gov/32312410/>

In this article, the authors summarize current evidence on the risks and benefits of using medical cannabis as a therapy for symptom management in palliative care. (PAID ACCESS)