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## Aging in the Community

Last reviewed December 2021

Topics include older adults aging actively, and safely in the community, planning and making decisions to age at home, using aids, adaptations, smart homes, supports and services challenges of older adults living with cognitive decline, multiple chronic conditions, and disabilities, racial, ethnic and minority groups.

### Thinking About Your Future? Plan Now to Age in Place

<https://www.canada.ca/content/dam/esdc-edsc/documents/corporate/seniors/forum/paip-cl.pdf>

This handout describes aging in place and its benefits. It includes a checklist to help individuals to assess their readiness and preferences in a variety of domains, which could help individuals successfully age in place. (OPEN ACCESS)

### Aging in Place Success Stories

<https://www.cmhc-schl.gc.ca/en/professionals/industry-innovation-and-leadership/industry-expertise/accessible-adaptable-housing/aging-in-place/aging-in-place-success-stories>

This webpage showcases innovative examples from municipalities, seniors' associations and developers. (OPEN ACCESS)

### Building Older Adults' Resilience by Bridging Public Health and aging-in-Place Efforts

[https://www.rand.org/content/dam/rand/pubs/tools/TL200/TL282/RAND\\_TL282.pdf](https://www.rand.org/content/dam/rand/pubs/tools/TL200/TL282/RAND_TL282.pdf)

This toolkit contains information and activities that can bring together those involved in aging-in-place support and those involved in disaster resilience efforts to improve the resilience of older adults to natural and human-caused disasters. (OPEN ACCESS)

### "What? That's for Old People, that." Home Adaptations, Ageing and Stigmatization: A Qualitative Inquiry

<https://www.mdpi.com/1660-4601/16/24/4989>

This qualitative study focused on better understanding of older people's experiences and perspectives of living with home adaptations. (OPEN ACCESS)

### Making Home More Dementia Friendly Through the Use of Aids and Adaptations

<https://www.ncbi.nlm.nih.gov/pmc/articles/PMC6473599/>

This study aimed to explore the impact of aids and adaptations on the wellbeing of individuals living with dementia and their families living at home. (OPEN ACCESS)

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### Prioritizing Supports and Services to Help Older Adults age in Place: A Delphi Study Comparing the Perspectives of Family/Friend Care Partners and Healthcare Stakeholders

<https://www.ncbi.nlm.nih.gov/pmc/articles/PMC8577765/>

This study compared and contrasted the community-based factors, such as supports, services and personal strategies or characteristics, that family/friend care partners and healthcare stakeholders, such as planners and providers view as most important to help older adults successfully age in place. (OPEN ACCESS)

### The Impact of Social Network Change and Health Decline: A Qualitative Study on Experiences of Older Adults Who are Ageing in Place

<https://www.ncbi.nlm.nih.gov/pmc/articles/PMC8418744/>

This qualitative study aimed to explore the impact of social network changes and health decline on older adults who are ageing in place, by appreciating older adults as experts on the subject. (OPEN ACCESS)

### Making the Decision to Stay at Home: Developing a Community-Based Care Process Model for Ageing in Place

<https://www.ncbi.nlm.nih.gov/pmc/articles/PMC8199636/>

This research aimed to illustrate the steps for developing a community-based care process model (CBCPM), applied to a real-world phenomenon to enable ageing at home. (OPEN ACCESS)

### Understanding Aging in Place: Home and Community Features, Perceived Age-Friendliness of Community, and Intention toward Ageing in Place

<https://academic.oup.com/gerontologist/advance-article/doi/10.1093/geront/gnab070/6286926>

This study aimed to investigate the mechanism linking home and neighborhood environments and ageing in place intention. (OPEN ACCESS)

### Instead of Ageing in Place, How About Trying to Age in the Right Place?

<https://web.s.ebscohost.com/ehost/pdfviewer/pdfviewer?vid=0&sid=9dc1c99f-df0c-4805-a6b7-73335a90b9af%40redis>

This article shares data on housing characteristics common to older adults, outlines key issues they face, and explores policies to mitigate them. (OPEN ACCESS)

### The Concept of Ageing in Place as Intention

<https://academic.oup.com/gerontologist/article/60/1/50/5272551>

This study aimed to frame the ageing in place concept within an extended theory of planned behavior model incorporating environmental domains. (OPEN ACCESS)

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### **“Engaging in my Rural Community”: Perceptions of People Aged 85 Years and Over**

<https://www.ncbi.nlm.nih.gov/pmc/articles/PMC6095039/>

This study aimed to understand the influence the physical and social environment have on enabling those aged 85 years and over to remain engaged in a rural community. (OPEN ACCESS)

### **“It’s a Nice Country but it’s Not Mine”. Exploring the Meanings Attached to Home, Rurality and Place for Older Lesbian, Gay and Bisexual Adults**

<https://web.s.ebscohost.com/ehost/pdfviewer/pdfviewer?vid=0&sid=81c6894f-5fd6-436f-952c-56860dbddcdd%40redis>

This study aimed to examine the meanings attached to home and place for older lesbian, gay, bisexual (LGB) adults living independently across three dimensions: rural places as “home”, connections to LGB communities, and social care provision in the home. (OPEN ACCESS)

### **Health-Assistive Smart Homes for Aging in Place: Leading the Way for Integration of the Asian Immigrant Minority Voice**

<https://www.ncbi.nlm.nih.gov/pmc/articles/PMC6484151/>

The purpose of this article was to introduce nurses and healthcare workers, advocating for the interests of Asian/Pacific Island community members, to the innovative health-assistive smart homes. (OPEN ACCESS)

### **A Systematic Review and Correlational Meta-Analysis of Factors Associated with Resilience of Normal Ageing, Community-Living Older Adults**

<https://eresearch.gmu.ac.uk/bitstream/handle/20.500.12289/11392/11392.pdf?sequence=1&isAllowed=y>

This quantitative observational study aimed to identify factors associated with resilience in community-living older adults. (OPEN ACCESS)

### **Promising Aging in the Community Models in the U.S.: Village, Naturally Occurring Retirement Community (NORC), Cohousing, and University-Based Retirement Community (UBRC)**

<https://www.ncbi.nlm.nih.gov/pmc/articles/PMC8127739/>

This literature review synthesized four promising ageing in community models from core model characteristics and older adult participant perspectives, including analyzing the push-pull factors of each model. (OPEN ACCESS)

### **Examining Community-Based Housing Models to Support Aging in Place: A Scoping Review**

<https://academic.oup.com/gerontologist/advance-article/doi/10.1093/geront/gnaa142/5911214>

This scoping literature review aimed to describe and synthesize the ways in which community-based housing models relate to older adults' aging in place and identify strengths and gaps in the literature. (OPEN ACCESS)

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### The Complexity of Caregiving for Community-Living Older Adults with Multiple Chronic Conditions: A Qualitative Study

<https://www.ncbi.nlm.nih.gov/pmc/articles/PMC7739080/>

This qualitative study aimed to explore the experiences of caregivers of older adults living in the community with multiple chronic conditions. (OPEN ACCESS)

### The Needs of Older Adults with Disabilities with Regard to Adaptation to Ageing and Home Care: Questionnaire Study

<https://www.ncbi.nlm.nih.gov/pmc/articles/PMC7652685/>

This study aimed to explore the needs of older adults with disabilities with respect to adaptation to ageing, and to analyze the associations of individual factors and dysfunction with those needs. (OPEN ACCESS)

### Facilitating the Use of Personal Safety Altering Device with Older Adults: The Views, Experiences and Roles of Relatives and Health care Professionals

<https://www.sciencedirect.com/science/article/pii/S0197457221002160>

This qualitative study aimed to explore relatives', community nurses' and general practitioners' perspectives and experiences in promoting Personal Safety Altering Device use among community-dwelling older adults. (OPEN ACCESS)

### Safely and Actively Aging in Place: Older Adults' Attitudes and Intentions toward Smart Home Technologies

<https://www.ncbi.nlm.nih.gov/pmc/articles/PMC8142240/>

This mixed method study investigated older adults' intentions to use and attitudes toward currently available smart home technologies that could contribute to safe and active lives in and around home. (OPEN ACCESS)

### “Helping Fill that Gap:” A Qualitative Study of Aging in Place after Disaster through the Lens of Home-Based Care Providers

<https://www.ncbi.nlm.nih.gov/pmc/articles/PMC8033697/>

This qualitative study aimed to identify individual and community-level support needs of older adults after a disaster through the lens of home-based care providers. (OPEN ACCESS)

### Scoping Review on the Impact of Cohousing on Older Adults' Quality of Life

<https://web.s.ebscohost.com/ehost/pdfviewer/pdfviewer?vid=0&sid=a4af3a69-c3b8-45ed-88f2-ee0a31005325%40redis>

This scoping literature review aimed to summarize the evidence on the impact of cohousing on older adults' quality of life in Canada and United States. (OPEN ACCESS)

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### Disconnected Relationships between Primary Care and Community-Based Health and Social Services and System Navigation for Older Adults: A Qualitative Descriptive Study

<https://www.ncbi.nlm.nih.gov/pmc/articles/PMC7181491/?tool=pubmed>

This paper aimed to understand how primary care and health and social service providers perceive the health and social services needs of community-dwelling older adults and how they work together to address their barriers in accessing services to address those needs. **(OPEN ACCESS)**