



Equity, Diversity, and Inclusion of Older Adults

Last reviewed December 2022

Technology Adoption and Learning Preferences for Older Adults: Evolving Perceptions, Ongoing Challenges, and Emerging Design Opportunities

<https://dl.acm.org/doi/abs/10.1145/3411764.3445702>

As new technologies are created and a demographic aging shift occurs, continued attention to older adults' adoption priorities and learning preferences is required. Through semi-structured interviews, this article examines the factors adults 65+ prioritize in choosing new technologies, the challenges they encounter in learning to use them and the human and material resources they employ to support those efforts. (PAID ACCESS)

A Double Burden of Exclusion? Digital and Social Exclusion of Older Adults in Times of COVID-19

<https://dl.acm.org/doi/abs/10.1145/3411764.3445702>

As new technologies are created and a demographic aging shift occurs, continued attention to older adults' adoption priorities and learning preferences is required. Through semi-structured interviews, this article examines the factors adults 65+ prioritize in choosing new technologies, the challenges they encounter in learning to use them and the human and material resources they employ to support those efforts. (PAID ACCESS)

A Double Burden of Exclusion? Digital and Social Exclusion of Older Adults in Times of COVID-19

<https://academic.oup.com/psychsocgerontology/article/76/3/e99/5872331?login=true>

The COVID-19 pandemic has excluded older adults from society based on physical and social contact. This paper focuses on the potential outcomes of this exclusion and provides recommendations for rectifying the situation, with a focus on older adults in long-term care facilities. (OPEN ACCESS)

Interventions to Reduce Ageism Against Older Adults: A Systematic Review and Meta-Analysis

<https://ajph.aphapublications.org/doi/full/10.2105/AJPH.2019.305123>

The objective of this study is to assess the relative effects of three intervention types designed to reduce ageism among youths and older adults by conducting a systematic review and meta-analysis. (OPEN ACCESS)

Equity, Diversity, and Inclusion of Older Adults

Ageism in the Discourse and Practice of Designing Digital Technology for Older Persons: A Scoping Review

<https://academic.oup.com/gerontologist/advance-article/doi/10.1093/geront/gnac144/6710158?login=true>

Involving older adults in the design process of digital technology (DT) promotes the development of appealing, beneficial, and used technologies. This scoping review investigates the explicit and implicit manifestations of ageism in the design process of DT. (OPEN ACCESS)

mHealth Interventions to Support Caregivers of Older Adults: Equity- Focused Systematic Review

<https://pubmed.ncbi.nlm.nih.gov/35616514/>

This study aimed to conduct a systematic review to determine how health equity is considered in designing, implementing, and evaluating mHealth interventions for caregivers of older adults using Cochrane Equity's PROGRESS-Plus framework and synthesizes evidence of the impacts of the identified caregiver-focused mHealth interventions. (OPEN ACCESS)

Impact of Universal Interventions on Social Inequalities in Physical Activity Among Older Adults: An Equity-focused Systematic Review

<https://pubmed.ncbi.nlm.nih.gov/28187766/>

This study aimed to analyze whether and how studies of interventions consider effects on social inequalities in physical activity among older adults. (OPEN ACCESS)

Perceived Neighbourhood Characteristics and Cognitive Functioning Among Diverse Older Adults: An Intersectional Approach

<https://pubmed.ncbi.nlm.nih.gov/33800952/>

This study examines the literature on racial/ethnic disparities in cognitive aging disparities by examining neighbourhood contextual factors as determinants of cognitive functioning. (OPEN ACCESS)

Older Adults' Experiences and Perceptions of Digital Technology: (Dis)empowerment, Well-being, and Inclusion

<https://www.sciencedirect.com/science/article/abs/pii/S0747563215000904>

As society moves into the digital realm, older adults frequently find themselves without the skills to participate effectively. This paper examines how digital technology can enhance older adults' life activity and well-being by increasing their social network. (OPEN ACCESS)

Cultural Diversity Among Older Adults: Addressing Health Education

<https://www.tandfonline.com/doi/abs/10.1080/03601270500217704>

This article explores the increasing diversity of the older adult population and notes that health professionals need to learn new knowledge and skills to improve the adherence of older ethnic clients to their health recommendations. (PAID ACCESS)

Equity, Diversity, and Inclusion for Older Adults

Embracing Cultural Diversity: Meaningful Engagement for Older Adults with Advanced Dementia in Residential Care Settings

<https://research.aota.org/ajot/article/72/6/7206205090p1/6495/Embracing-Cultural-Diversity-Meaningful-Engagement>

This study aimed to identify best-practice scenarios for supporting older adults with moderate to advanced dementia from culturally and linguistically diverse backgrounds who lived in care facilities. (OPEN ACCESS)

What Does “Successful Aging” Mean to You? – Systematic Review and Cross-Cultural Comparison of Lay Perspectives of Older Adults in 13 Countries, 2010 - 2020

<https://link.springer.com/article/10.1007/s10823-020-09416-6>

This study conducted a systematic review to examine lay older adults' perspectives on successful aging to enhance our understanding of what successful aging means. (PAID ACCESS)

The Health Equity Characteristics of Research Exploring the Unmet Community Mobility Needs of Older Adults: A Scoping Review

<https://pubmed.ncbi.nlm.nih.gov/36266632/>

This study synthesizes the UN sustainable development goals to describe the health equity characteristics of research identifying unmet community mobility needs of older adults. (OPEN ACCESS)