



INTERGENERATIONAL PROGRAMMING

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Intergenerational Communities: A Systematic Literature Review of Intergenerational Interactions and Older Adults' Health-Related Outcomes

<https://www.sciencedirect.com/science/article/abs/pii/S0277953620305931>

Intergenerational interactions' roles are increasingly recognized as essential factors influencing older adults and other generations' health and well-being. This systematic review provided a critical assessment of the current state of knowledge about the impacts of intergenerational activities on older adults' health-related outcomes. **(OPEN ACCESS)**

Uniting Generations: A Research Protocol Examining the Impacts of an Intergenerational Learning Program on Participants and Organizations

<https://onlinelibrary.wiley.com/doi/full/10.1111/ajag.12761>

While the health and social benefits of intergenerational programs are well documented, little attention has been given to the operational aspects of the programs within care facilities. This study described the research protocol to develop, implement, and evaluate an intergenerational learning program for preschool-aged children and older adults attending care services. **(OPEN ACCESS)**

Implementation of Evidence-Based Practices in Intergenerational Programming: A Scoping Review

<https://journals.sagepub.com/doi/full/10.1177/0164027521996191>

Evidence-based intergenerational practices are sought by practitioners interested in the potential value of intergenerational programs. This systematic study identified evidence-based intergenerational practices linked to program outcomes from peer-reviewed articles. **(OPEN ACCESS)**



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Documented Outcomes for Older Adults in Intergenerational Programming: A Scoping Review

<https://www.tandfonline.com/doi/abs/10.1080/15350770.2019.1673276>

With the reported benefits of intergenerational programming, only some empirical studies have reported on the outcomes specific to older adult participants. This scoping review assessed older-adult-specific outcomes that have been quantitatively evaluated in the intergenerational programming literature and the tools used to measure such outcomes. **(PAID ACCESS)**

Intergenerational Programming During the Pandemic: Transformation During (Constantly) Changing Times

<https://spssi.onlinelibrary.wiley.com/doi/full/10.1111/josi.12530>

Various intergenerational programs have focused on reducing ageism and optimizing youth and older adult development. Most involve in-person contact, which COVID-19 affected the facilitation of such programs. This study examined a collective case study of four intergenerational programs before and during COVID-19. **(OPEN ACCESS)**

Successful Elements of Intergenerational Dementia Programs: A Scoping Review

<https://www.tandfonline.com/doi/full/10.1080/15350770.2019.1670770>

Intergenerational dementia programs have shown promising results, but specific successful elements remain unclear. This scoping literature review compared intergenerational dementia programs and identified successful elements and outcomes. **(OPEN ACCESS)**

Reduced Ageism: Changes in Students' Attitudes after Participation in an Intergenerational Reverse Mentoring Program

<https://www.mdpi.com/2071-1050/12/17/6870>

One way to decrease ageist attitudes and improve the treatment of older adults is to address and improve age stereotypes among young adults. This study used data from students in an intergenerational digital learning program to investigate changes in students' stereotypes of older adults and aging. **(OPEN ACCESS)**

Intergenerational Programmes Bringing Together Community Dwelling Non-Familial Older Adults and Children: A Systematic Review

<https://www.sciencedirect.com/science/article/abs/pii/S0167494321000194>

Social isolation is associated with an increased risk of adverse health outcomes, including functional decline, cognitive decline, and dementia. This systematic review summarized the evidence for intergenerational interventions with community-dwelling non-familial older adults and children to identify the gaps and recommend the next steps. **(PAID ACCESS)**

A Systematic Review of the Impacts of Intergenerational Engagement on Older Adults' Cognitive, Social, and Health Outcomes

<https://www.sciencedirect.com/science/article/pii/S1568163721001471>

This systematic review evaluated the impacts of intergenerational engagement on cognitive, social, and health outcomes in healthy older adults and older adults with mild cognitive impairment. **(OPEN ACCESS)**

Addressing Ageism Using Intergenerational Performing Arts Interventions

<https://www.tandfonline.com/doi/abs/10.1080/02701960.2020.1737046>

This study investigated how and if intergenerational performing arts interventions addressing age increase knowledge of ageism and counter ageist stereotypes. **(PAID ACCESS)**

Intergenerational Service Learning within an Aging Course and Its Impact on undergraduate Students' Attitudes about Aging

<https://www.tandfonline.com/doi/abs/10.1080/15350770.2021.1881019>

Using the Positive Education about Aging and Contact Experiences (PEACE) model, this study examined the attitudes towards aging among 23 undergraduate students before and after completing an intergenerational service-learning project embedded within an aging course. **(PAID ACCESS)**

Understanding the Impact of an Intergenerational Arts and Health Project: A Study into the Psychological Well-Being of Participants, Carers and Artists

<https://www.sciencedirect.com/science/article/abs/pii/S0033350621000883>

This descriptive exploratory qualitative study sought to understand the impact of *Hear and Now*, an intergenerational arts and health project, upon indicators of psychological well-being among all groups involved: young adults, older adults diagnosed with dementia, their carers and partners and the project's artistic team. **(OPEN ACCESS)**

Participation in Intergenerational Service-Learning Benefits Older Adults: A Brief Report

<https://www.tandfonline.com/doi/abs/10.1080/02701960.2018.1457529>

This study examined the impact of older adults participating in Working Together: Intergenerational Student/Senior Exchange, a brief intergenerational service-learning program that connects students and older adults as partners to promote intergenerational understanding and communication. **(PAID ACCESS)**

Motivation to Participate in Intergenerational Programs: A Comparison Across Different Program Types and Generations

<https://pubmed.ncbi.nlm.nih.gov/35329243/>

Research has highlighted the benefits of intergenerational programs (IGPs) for older and younger participants, but there needs to be a better understanding of what motivates them to participate. This mixed-methods study analyzed the differences in motivation across generations and program types and compared initial and ongoing motivation to participate. **(PAID ACCESS)**

Increasing the Power of Intergenerational Programs: Advancing and Evaluation Tool

<https://pubmed.ncbi.nlm.nih.gov/34105401/>

Intergenerational practitioners identified a need for an evidence-informed evaluation tool to measure program impact. This study completed an exploratory factor analysis (EFA) of The Best Practice (BP) Checklist, a 14-item (yes/no) measure assessing the extent to which an intergenerational program session maintained effective intergenerational strategies. **(PAID ACCESS)**

Processes and Structures in Intergenerational Programs: A Comparison Across Different Types of Programs

<https://pubmed.ncbi.nlm.nih.gov/34365993/>

Given the benefits of intergenerational programs (IGPs), this study compared processes and structures across different IGP types and explored potential areas for improvement. **(PAID ACCESS)**



Promoting Meaningful Engagement for Residents Living with Dementia Through Intergenerational Programs: A Pilot Study

<https://pubmed.ncbi.nlm.nih.gov/35822455/>

Residents living with dementia in residential aged care facilities (RACFs) have reduced access to and opportunities for participation in meaningful activities. Intergenerational programs aim to overcome these issues. This study explored the impact and practicalities of implementing a live-intergenerational program (LIP). **(PAID ACCESS)**